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Vol. XXXIII.
No. 5.
MAY,
1906

Myra's Journal

3D.

THE LEADER OF FASHION

Early Summer Number.

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Fig. 3.

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FASHION NOTES FOR THE MONTH

IF there is one manufacture of fancy materials for which we can pride ourselves it is our figured mercerised cottons. Our plain cloths, coatings, and serges lead the world; but our fancy woollen and silken fabrics do not compete very brilliantly with the looms of France and Germany. In figured cottons, however, we are again supreme.

Great prominence is being given this summer to figured cotton voiles, which are very much like a very dainty zephyr, but are more transparent. These are in the prettiest designs and colourings, charming alike for blouses or complete frocks. They are lavishly trimmed with embroidery and Valenciennes.

A feature of the season is the combination of embroidery—the broderie Anglaise of the present, or the old "Madeira work" as it used to be called in our childhood, with frills of Valenciennes. An embroidery edging will have an inch frill of Valenciennes sewn to its edging scallops, or it will lie on a deep frill of Valenciennes. Blouses made up of embroidered muslin (pierced work) will have yoke and lower sleeve entirely carried out in Valenciennes insertion or a series of little Valenciennes frills. The blouse completely covered with Valenciennes frills is much seen.

In fact, this could be called a Valenciennes year if it were not for the quantities of other laces used. Irish laces are to the fore, especially real or imitation Irish crochet. A complete blouse of Irish crochet, with yoke and lower sleeves of Valenciennes, is a very necessary and charming addition to a summer outfit. Cotton frocks are trimmed with Valenciennes almost as much as with the heavier broderie Anglaise.

A feature of the season is the prevalence of plaided effects—small plaids, rather smaller chequers than tartans, shepherd's plaid in wool, make some of our smartest dresses, and a great quantity of mercerised chequered cotton is being made up.

The Empire and princess styles continue to reign for evening and smart costumes. The corselet skirt now exists in every variety, but since the cheap manufacturing tailors have taken it up—in conjunction, of course, with the bolero, it is doubtful if its vogue will remain among the wealthier classes. Of course, the cheap ready-made corselet skirt in no way shows up the attractions of the style. It is not in sufficient gores for one thing—rarely being cut in nine breadths, which is the least number possible to obtain an excellent fit and "flow." Complete princess dresses are too difficult and costly for the cheap tailor—they take a great deal of material, and require very excellent cut and workmanship, and so this style reigns supreme for smart visiting, wedding, and evening gowns. It would be done to death, in fact, if it were not for the almost equal prevalence of the Empire styles, which are suitable for bridal, evening, and tea gowns, but not for indoor wear.

Hats are coquettish—almost too much so. They are extravagantly tilted, and possess amazing plumes—the osprey or the ostrich plume is so mounted as to stream in the wind. On the whole, the hats are rather small, apart from floating plumes; crowns are inclined to be "domed," brims much crumpled to suit the face. This demands straw of a good quality, as the cheap wood-like straws are bound to take stiff shapes. Very fine straws are worn, also innumerable coarse fancy straws and lace straws of high quality. Almost any colour can be had; but, on the whole, hats are chiefly of the so-called "white" straws.

There is a mania for "matching." Shoes, gloves, umbrellas are dyed to match the gown. Whether the mauve, pale blue, or bright red umbrellas will succeed is a matter of doubt. If a real umbrella is needed, the toilette would hardly run to very pale shades. If the weather is doubtful, the heavier umbrella is generally superseded by the *en-tout-cas*, which has long been obtainable in a great variety of colours. The *en-tout-cas* this year are very handsome, of rich silk, painted or studded with lace appliqués, and boasting really rich handles. The run on lace and painted muslin of course ensures the daintiest of sunshades, which should match the toilette in colour, material, or decoration.

Shoes of coloured leather are being used with walking gowns as well as for evening dress. Of course, the stockings and gloves should correspond. The expensive long gloves reaching above the elbow (rendered necessary by the very short sleeves) are to be had in a great variety of colours. Particular people have them specially dyed for them to match the gown.

Without going to this additional expense, there is no doubt that women of small pin-money will find their glove bills heavy. For day wear, when harder use is imposed on gloves, the fingers and backs of the hands get rubbed and soiled when the long arm of the glove is quite fresh. Cleaned gloves, unfortunately, can rarely be worn a second time without another visit to the cleaner's. The great expense of long gloves for day wear has brought in a great variety of pretty lower sleeves of all kinds of materials—ruffled chiffon, Valenciennes lace, Irish crochet, tucked muslin, &c. If it is necessary to remove the gloves, the lower sleeve and shorter glove is decidedly preferable to the long glove, as few women boast the fore arm sufficiently well moulded and white to bear being stripped to above the elbow in broad daylight. Our smarter day gowns, for weddings and visiting, &c., have sleeves ceasing well above the elbow—some are as short as the ordinary little puff sleeve of a ball gown.

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DERRICK'S DUEL.

(Founded on Fact.)

By E. BURROWES.

"Wal, I reckon I admire a man who's fought a bit," announced Miss Virginia B. Yates in her surprisingly soft voice. That she had a pure Yankee twang did not in the least detract from her charms; indeed, there were those who said it rather enhanced them. Derrick was one of the many, and his fatuous eyes were fixed on the charming rose-tinted face under the wide flower-garlanded hat with undisguised admiration—and, perhaps, something more.

"Oh, do you?" was all he found to say, being miserably conscious that, though he wore His Majesty's uniform, had recently been gazetted captain, and had—so his people would have told you—done very well from his school-days upwards, he had as yet seen no active service, and had, therefore, no claim to Miss Virginia Yates's admiration.

"Yes, I do!" said the lady frankly. "Say, now—haven't you done a bit in that way yourself, Captain Derrick?"

Her blue eyes were fixed on him with an encouraging smile in their lovely depths. Derrick cursed his bad luck, and would have given all he possessed—which was not much, to be sure—to have been able to say yes instead of no to her query.

"SAY NOW—HAVEN'T YOU DONE A BIT IN THAT WAY YOURSELF, CAPTAIN DERRICK?"

"Well, the fact is," he said hurriedly, "that I've been awfully unlucky. I hoped to get out to the front in the Transvaal War, and then got stuck for duty at St. Helena to guard prisoners. So I never saw anything of the fun. I've never had a chance."

There was a commiserating look in those blue eyes now, and somehow Derrick writhed a little under it. They were sitting on a seat in the gardens by the shores of Lake Constance, and Derrick was pleasantly and happily conscious of the fact that Miss Yates's "momma," as she called her, had gone back to the hotel to write voluminous letters to the dealer in pigs who had the honour to be the fair Virginia's father, and the possessor also of vast wealth. The gardens were quite deserted for the time being, and he had the field—i.e., Virginia—to himself for once.

"I never had a chance," he repeated gloomily. "I dare say you think me a featherbed sort of soldier, Miss Yates, but, 'pon my soul and honour, I'd give a great deal to be otherwise. I got that beastly fever, and had to be invalided home, and before I was fit the war was over, and then they popped me out here to pick up. Not that I regret *that* part of the show; but still—one doesn't want to be loafing about doing nothing."

Miss Yates looked at him approvingly. She was not her father's daughter for nothing.

"Of course you don't," she said briskly; "and you'll find your chance yet, so you needn't be downhearted about it, I guess. There was a German officer, now, we knew in Heidelberg — a fine, straight-looking fellow he was, too — and you never saw anything like the scars he had from fighting. He was covered with them — at least his face was. It gave him a very high-toned look, I assure you."

Derrick laughed shortly.

"Duels, I suppose?"

"And why not? I admire that sort of thing."

"What! A duel, where they stick each other with swords that would bend up in your hand, and when they let blood anywhere they fall on each other's necks and say their honour is satisfied? Bosh, I call it."

"Oh, do you?" said Miss Yates sweetly, with just the smallest gleam of malice in her smiling eyes. "Now, I don't. But perhaps you've never fought a duel, Captain Derrick?"

"No, I haven't," confessed Derrick, with a laugh. "One doesn't do that sort of thing nowadays, Miss Yates; it's gone out with stage coaches and highwaymen."

"And a great pity, too," said the fair

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American with asperity. "Life has become so tame and prosaic that it's hardly worth while being alive at all. I'm going in, Captain Derrick. I see momma waving her parasol at me."

She got up with a rustle of silk-lined skirts, and Derrick had perforce to rise too. From the hotel balcony something scarlet like a tropical bird was being waved in the direction of the heiress. Apparently momma had suddenly bethought herself of her duties, and at the sight of her daughter left unguarded with such an obvious detrimental as that charming Captain Derrick, lost no time in recalling the fair Virginia to her side.

"I will not have it *Virginia*," she said sharply when her daughter joined her on the balcony, and, leaning over, looked at the blue waters of the sunny lake; "I will not have it. Captain Derrick must not be encouraged. He is not even a baronet, and you know poppa is set on a duke. I don't know what he'd say if he knew of the way in which you treated that nice man in Vienna, and *he* was a duke, and not far from royalty itself, too!"

"Pouf!" she said gaily. "Duke or no duke, I shall marry anyone I like, momma, and no one shall stop me. You know that very well. I like that Captain Derrick, even if he hasn't a handle to his name, and the duke in Vienna I wouldn't have touched with the end of a barge pole. But I wish—he had fought a bit."

"So he had," said Mrs. Yates vaguely, returning somewhat heatedly to her letters; "so he had. A most distinguished man, and marked with a dozen dules. *He* wasn't a featherbed soldier!"

The shaft went home, and Virginia took refuge in silence and secret contemplation of the many virtues which she imagined she had discovered in the man who had announced himself to her as only a featherbed soldier so far.

. . . . . .

Derrick walked down the narrow street on the shady side. He was not in the best of humours, for Mrs. Yates had gone off with her daughter by the early boat to Bregentz, and he couldn't well follow them there, for the mother had given him the cold shoulder so very unmistakably last night at dinner, and though a brilliant smile from Virginia's blue eyes consoled him not a little, yet—well, he couldn't force himself on the worthy Mrs. Yates. Besides which, they were accompanied by a wealthy nobleman, to whom they had introductions, and it was patent to the most casual observer that the said nobleman had intentions on the pig dealer's daughter and her millions, and this suit was undoubtedly favoured by the momma. So Derrick again cursed his unlucky fate, and strode through the town, casting about for some means of whiling away the many hours which must elapse before the steamer puffed back with Miss Virginia.

He crossed the long bridge which connects the charming island of Lindau with the mainland, and walked aimlessly along under the shade of trees, somewhat amused to observe a company of raw recruits being drilled with a good deal of unnecessary violence and abuse by a supercilious-looking young firebrand in a most gorgeous uniform, in which there figured a good deal of what Derrick, in his English contempt for the foreign soldier, termed "tinware."

He had met the young officer in question more than once, and had also seen him dancing attendance, with many bows and compliments, on the fair Virginia, so that perhaps he was a little prejudiced against him. Be that as it may, on his way back through the town he encountered the dandy again, on a narrow pavement, which the gorgeously-attired one seemed to consider was laid down for him and for him only. He hustled Derrick off the curb with a disdainful gesture, but Derrick was too quick for him. With a sudden and unexpected movement he tripped up the wearer of the tinware, and had the felicity of seeing—and hearing—him clatter down into the gutter.

"Teach you manners, my friend," he said to himself with a chuckle, as the young man rose breathing fire and slaughter in a torrent of German abuse.

Derrick knew a little German, but not much. He, however, gathered here and there from the torrent of angry words that the young firebrand was demanding satisfaction for an insult. He finished his oration by producing a card with a flourish of his hand and a clicking together of his heels. Derrick took it rather blankly, and looked at the name written thereon.

"Herr Lieutenant Franz Heinrich von Wolgartner."

"Well, Herr Lieutenant Franz Heinrich von Wolgartner," he said to himself, "here goes."

And he produced his own card, which he handed with unimpeachable gravity to the infuriated German, who was understood to say that his friend would call upon Herr Captain Derrick immediately. And Derrick walked away to his hotel with the pleasant prospect before him of—a duel.

A second edition of the Herr Lieutenant duly turned up at the hotel, and interviewed with much solemnity Derrick and his friend—a young barrister taking a vacation, who had consented, with a good deal of surprise and consternation, to act as a second.

"What weapons will you choose, old fellow?" he asked. "You get choice, you know, being the challenged one. You're a good shot, I suppose?"

"No, I'm not," said Derrick with a rueful laugh, "and I can't say I'm anything startling at sword play either. Better choose the latter, though. The ordinary broadsword, tell him, Sanders—not a rapier. I fancy that'll do the trick as well as anything."

He had never fought a duel in his life, and he was not much tempted by the prospect before him, but it couldn't be helped. Anyway—the thought struck him that out of evil good might come. What if this duel gave him a lift up in Miss Yates's estimation?

She returned late that afternoon from her excursion to Bregentz, and her momma being providentially laid up with a bad headache, and being forced to retire to a darkened room, Derrick found an opportunity for a quiet chat with the object of his affections.

"If to-morrow is nice we might make the excursion," said Virginia tentatively.

Derrick sat up with a start. He had hardly heard what she had been talking about. For the first time it struck him that if that young idiot of a German was an expert swordsman, he, Dick Derrick, might be called upon to take a last excursion to a very far country.

"Mightn't we?" repeated Virginia, glancing at him with a smile. It faded from her pretty eyes as he turned and looked at her.

"Why, what is the matter, Sir Gravity?" she said with an attempt at a gaiety which was more than half assumed.

"Nothing," said Derrick quickly, his own fears fading as he saw hers reflected somehow in her eyes; "nothing. Only I've a pressing engagement to-morrow morning on the mainland, which may detain me, if you want to start early."

"An engagement? When?"

"Six o'clock."

"*Six o'clock!*" she echoed; then she started suddenly and faced him. "I believe you've been getting into some mischief," she said gravely. "You don't mean to say that you are going to fight a—a *duel?*"

He nodded and laughed.

"I hope I may rise in your regard by so doing," he said lightly. "Oh, it's nothing serious, Miss Yates."

"Tell me about it," she demanded imperiously, and Derrick obeyed.

"It'll teach him that the pavement belongs to the world in general, and not to him in particular, at any rate," he finished; but Miss Yates sat very silent.

"Do you know that young Wolgartner is reported to be the best swordsman in the neighbourhood?" she asked after a while.

"Is he? H'm. That's unlucky. However, one can but do one's best—and sometimes it isn't the best man who wins."

"Still—*why* did you choose swords?"

Derrick shrugged his shoulders.

"Because I had no fancy to be made a target for his revolver—not being a very brilliant shot myself, and because I fancy I may do better with steel. It isn't a rapier, you see, and that makes a difference."

Miss Yates was silent; it may have been the soft, mystic moonlight, or his imagination only, but Derrick could have sworn that he saw a shadow of care in her blue eyes. He leant forward and touched her hand.

"Would it make any *difference* to you—Virginia," he said softly, "if——"

He never finished his sentence, for, with a stifled exclamation, Miss Yates jumped up and—fled. He saw her no more that night.

. . . . . .

Derrick stripped to his shirt, sword in hand, looked across the grass, on which the early morning sun was shining bravely, at his antagonist. It was a perfect morning, not a breath of wind stirred the trees overhead, yet the air was cool, and Derrick, looking at his good broadsword, smiled to himself a smile which seemed to heat the blood of the infuriated German to fever heat, for he muttered something beneath his breath that sounded suspiciously like "Verdamte Engländer."

The preliminaries being finished, the seconds withdrew a little, and a minute later the signal was given.

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Derrick parried the furious thrusts of the German with astonishing coolness, and for a while there was only the fierce clash of steel and the deep breathing of the combatants. Then with a lightning-like twist of the wrist, Derrick drove in under the other man's guard, his good sword passing the German's head, the hilt coming full and true against the handsome nose on which Herr Lieutenant von Wolgartner prided himself more than a little.

Phut! Blood spurted forth in a royal flood, and his sword dropped.

Honour was satisfied, and Derrick put up his blade with a smile.

He had ruined the good looks of his adversary without doing any serious damage, and his first duel was well over!

The unhappy German, bathed in blood, was hastily conveyed away in a carriage by his second, and the two Englishmen went leisurely back to their hotel. On the steps, radiant in a cool lilac frock, stood Miss Yates. She did not see them coming from the town by a side way, and Sanders, with some persipicacity, discreetly effaced himself, while Derrick went into the verandah, and took Virginia, so to speak, in the rear.

"Good morning," he said, and she whirled round with such a startled cry, and such a look of pure relief in her pretty eyes that Derrick—well, goodness only knows what he might have done if he hadn't pulled himself up in time!

"Oh, you're *safe*," she gasped, and then blushed rosy red and looked across the sparkling lake. There was no one in sight; they had the wisteria-covered verandah entirely to themselves at that early hour. Only the immutable old lion who guards the harbour of Lindau sat looking over the lake, and even *he* had his back turned to them.

"I got rather a shock," she continued rather hurriedly. "A cab came by with someone in it—covered with blood. I thought it might have been you, and——"

"It was only the Herr Lieutenant?" he said with a smile.

"But he is such an expert swordsman," she objected, and then looked him anxiously up and down."

"You're not hurt at all?" she asked.

"Not touched. You see, I knew a trick which he had never seen perhaps. My good broadsword did some damage to his beauty, but nothing more. The hilt came in violent contact with his nose—that was all."

"Yet you'd never fought a duel before!"

"Never. So you see, Virginia, we can have our excursion to-day after all."

"Who gave you permission to call me Virginia?" she demanded.

"No one," he said softly; "yet I believe you would not if I asked you. Won't you, dear? I love you so."

Momma and poppa found themselves obliged to put up with a son-in-law who was only a plain soldier, for Virginia's word was law, and Derrick had successfully fought his first and his last duel, for Virginia confessed later on, that even without the qualification of having fought that duel it would have been all the same, and with that Derrick was well content.

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Impressions of a Débutante at Court.

BY THE LADY AMITIA.

Dearest Denise,—So you are going to be presented this May, and consequently require a full and particular account of my experiences when I made my curtsey to their Majesties last May. Well, dear, I shall be most happy to oblige you and give any hints I can, and I hope that you will enjoy the ceremony as much as I did.

Lots of girls go in for a course of lessons as to how to make their presentation curtsey, but personally I don't think that the least necessary. I practised before a long glass at home: "Right foot forward, left foot back, weight on the right foot. Bend," as our dear old dancing mistress used to say, and I was very soon able to perform a most respectable curtsey. By the way, don't let your dressmaker make your gown so long in front that it will get mixed up with your toes, for nothing looks so bad as a shuffling or stumbling approach to the Presence. The *mise-en-scène* of the actual Throne Room has been so often changed that, of course, I can't say whether it will be this year as it was last, but for your sake I hope it will, for nothing could be more perfect than the setting of last year's gorgeous scene.

Mother and I left home just before nine, and we drove into the Mall, and took our place in the waiting line of carriages just as the Palace Gates were opened, and the order came to move.

When at length we reached the doors of the Palace, we left our wraps in the carriage (my dear, be wise and do this too, for it takes an age to secure one's garment in the cloakroom), and immediately found ourselves, under the care of a succession of courteous officials, ushered up the wide staircase, where venerable old beef-eaters, looking so picturesque in their old-world garb were stationed; along the great corridor hung with pictures so beautiful that I longed to pause and admire them, into the Throne Room itself, where a young gentleman resplendent in blue and gold found us two velvet-covered chairs—the last vacant in the long front row—in which we settled ourselves luxuriously to await the coming of Their Majesties.

On three sides of the vast room were ranged tiers of seats filled by women in sumptuous attire, ablaze with gems, with here and there a gorgeous uniform intensifying the brilliance of the scene. Directly opposite us at the far end of the room were the two thrones of scarlet and gold on a daïs, and drawn up in line facing them, and forming a living barrier across the room, was stationed a row of stalwart Life Guards.

Above us was the Musicians' Gallery, where Sir Walter Parratt (the Master of the King's Musick) conducted a series of sweet, minuet-like airs, which, when the time came, made one feel one must step one's best and curtsey one's bravest with melody such as that to aid one.

In front of us a stream of diplomats and foreign representatives passed and repassed, or stood in little groups from whence drifted snatches of conversation in a medley of foreign tongues. I didn't feel a bit nervous, only slightly intoxicated by the brilliance of the gorgeous scene.

No. 6022.—Young Matron's Gown for the May Court.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Princess Dress, 1s. 0½d.; *Court Train,* 2s. 0½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane. E.C.*

The married women were resplendent with gems. I remember the Duchess of Marlborough, wearing enormous turquoises and diamonds and countless ropes of pearls, with her blue and silver gown—the Duchess of Portland, with glorious emeralds set "to swing" among a background of blazing diamonds; and the beautiful chatelaine of a well-known house presenting her eldest son's tall, lovely young bride.

I was drinking in the whole scene with intense enjoyment when a roll of drums and the strains of the National Anthem brought us all to our feet, and we continued to stand to await our turn to pass the Presence. Mother and I were summoned to take our places in the line almost immediately after the Diplomatic Circle had passed. We left the Throne Room to pass into a corridor running the entire length of it, from which a large doorway opened into the Throne Room once more and immediately on to the space where—guarded by stalwart soldiers and surrounded by their Court—their Majesties were seated.

"*Two* curtsies," murmured the expert young gentleman who was spreading my train. "Don't be frightened, Amitia," said mother, and I saw her blue velvet back grow smaller as she sailed gracefully along the red carpet towards the blaze of light and jewels which encircled Their Majesties.

"I'm not frightened," I said stoutly, but for all that my heart did beat a little faster, as I heard the words, "The Lady Amitia ——, presented by her mother, the Countess of ——," which heralded my arrival, a slender white and silver-clad figure carrying an immense sheaf of lilies, into the presence of King Edward and his lovely Consort.

I curtseyed once—my lowest, most profound obeisance—and then summoned courage to lift my eyes to that kingly but kindly face, bent graciously towards me. I passed on and curtseyed again to our beautiful Queen, a dazzling vision of cloth of gold with a sheen of amethysts and diamonds, and a touch of blue where the ribbon of the Garter crossed her breast, and then soon, far too soon, that enchanted circle was behind me, and mother was saying, "You did it very nicely, child," as another young gentleman, every bit as expert as the last, folded my train, and placed it over my arm with an approving smile.

After that we wandered about, and found heaps of friends, and we all went and had supper together, and I enjoyed myself so much that I was sorry when mother pronounced it was time to go. I can only say again, that I hope you'll enjoy your experiences as a débutante at Court as much as I did mine, though, owing to the dear Queen's sad bereavement, you will not see, as I did, her beauteous presence by His Majesty's side.—Yours always, Amitia.

"I have used 'Myra' for nearly nine years, and find it the best of all dressmaking journals."—MM.

No. 6023 No. 6024 No. 6025

No. 6026

SMART TAILOR STYLES.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Coats, Skirt, Foundation Skirt, each 6½d., post free of Madame Myra, *10 and 11, Fetter Lane E.C.*

No. 6027

SUGGESTIONS FOR SUMMER STYLES.

No. 6027.—A smart gown of figured cotton voile—a five-gore skirt with gathered shaped flounce edged with frills. Head flounce with ribbon-threaded lace. Smart bodice with fitted lining with three-piece front of the figured voile. Gathered vest and lower sleeve of plain muslin. Lace fichu headed with ribbon-threaded insertion. 31-inch cotton voile, 12 yards.

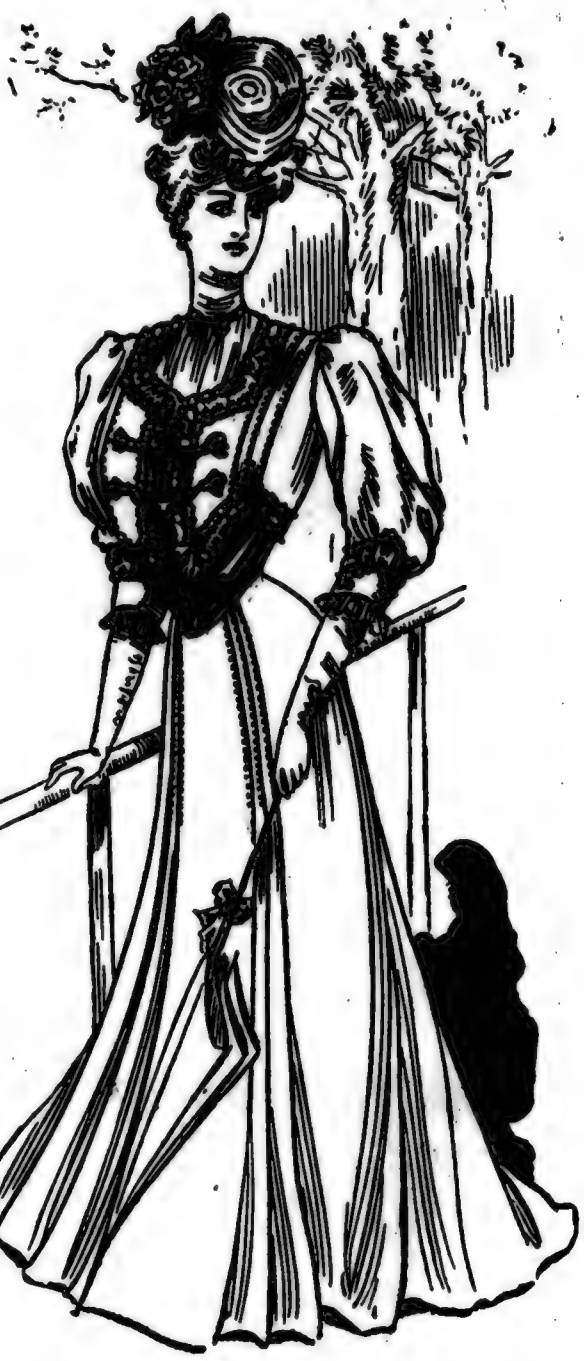
No. 6028.—A lovely little bolero to wear over a corselet skirt or over a smart blouse. Should be of the skirt material. A back and two fronts of thin lining are veiled with a gathered back and two fronts of material, edged with a band of cloth cut in slots and threaded with velvet ribbon, the band edged with frills of the material. One piece sleeve on a lining, with original cuff of the cut cloth. Double width voile, &c., 2 yards.

No. 6029.—A very elegant blouse of foulard—a gathered back and two fronts arranged into shaped pieces (lined), which are cut in tabs over a frill of the foulard. This is mounted on a yoke of Irish crochet, with band collar of same. One-piece sleeve with tab cuff decorated with frills. The blouse sits best mounted on a fitted lining. 21-inch foulard, 5 yards.

No. 6030.—A very pretty pleated skirt and bolero of silk-and-wool œolienne. Pleats are wheelmarked on skirt and bolero patterns. The bolero is trimmed with a bouillonné of plain, striped, or spotted taffetas, and closes with hooks and eyes. Wear 6-gore skirt over a foundation skirt (back of skirt forms a sort of box-pleat like front, only narrow at top). 48-52-inch material, 7 yards.

Price of Paper Patterns, Pleated Skirt 1*s.* 0½*d.*; *Boleros, Skirt, Blouse, and Foundation Skirts, each* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 6028



No. 6029

No. 6030

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Nos. 6032 and 6033 Nos. 6034 and 6035 No. 6036

No. 6037 DESIGNS FOR THE NEW EMBROIDERED OUTFITTING.

For Descriptions see Pages 30 to 34 and Page 28.

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The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful*. A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

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For Descriptions see Pages 30 to 34.

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SUMMER MILLINERY.

For Description see Pages 30 to 34.

No. 6049 No. 6050 No. 6051

No. 6052 No. 6053 No. 6054

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No. 6056

TWO BEAUTIFUL CORSELET SKIRTS.

For Description see Pages 30 to 34.

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EMPIRE AND PRINCESS EVENING GOWNS.

For Descriptions see Pages 30 to 34.

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Descriptions of the Free Patterns.

UMBRELLA SKIRT FOR PLAID COTTON.

Exceedingly dainty chequered cottons can be had at Messrs. Nicholson's, St. Paul's Churchyard, E.C., which make up charmingly in this style. The pattern is in one piece—half the skirt. The diagram shows how to lay the pattern on the seamed breadths so that the stripes of the plaid are on the straight at the sides, and meet in V points back and front. Two seamed full breadths are required for each half of the skirt, and half a breadth is enough for the added corners; 7½ yards of 29-30-inch cotton is required for the skirt, and another 1½ yards (cut on the cross) will make the little 3-inch frills, which are simply hemmed and drawn up on a cord. The skirt is simply seamed back and front, the back being gathered at the waist. Sides and fronts are eased to fit the waist. A good hem should be allowed. The skirt should only be lined at the edge as high as the frills, and should be worn over a wasning foundation skirt or petticoat. The top is simply bound. This skirt is very quickly made.

It is an admirable style for voile, trimmed with frills or added tucks (see the second figure on the cover).

DRAPED BODICE FOR PLAID COTTON.

This goes admirably with the Free skirt pattern. The pattern is in eight pieces—three for lining (front, half the back, one sleeve), three for plaid (tucked front, tucks wheelmarked, half the back, one sleeve), two for broderie Anglaise (cuff, half the collar). The diagram for lining shows the three lining pieces laid on 2 yards 29-inch lining, which is opened out, and is double beneath front and back (a seam does not matter in the lining) so that each is cut in duplicate. The duplicate sleeve is marked out on the single material. The three patterns for plaid are shown laid on the cross upon 2 yards 30-inch plaid cotton. Do not cut the duplicates together, as it is important that the stripes should meet at seams and be on a level. The seam all down one front does not matter if the stripes meet exactly, and it saves material.

Bodice hooks down front, and reaches the waist. Tack and fit the lining. Stitch the breast darts. Hem the lower edge. Arrange on the lining a vest cut from embroidered muslin. Tuck the plaid fronts. Arrange fronts and back on the lining. Re-tack shoulder and under-arm seams, and fit again. Stitch and overcast seams. Hem the lower edge of plaid bodice.

Arrange a band of embroidery edging on the collar pattern, making seams where necessary. The collar is in two distinct pieces, open up the back. A band of the broderie forms a band collar, which closes on the left. It can be a straight band, or be seamed to fit the collar band of the "detachable yoke" pattern (described below).

Seam the dart of the sleeve lining. Arrange on it the plaid puff. Sew the inner seam. Make the cuff in the same way as the collar, and sew it at the edge of the sleeve, which is finished with a broderie frill.

A DETACHABLE LACE YOKE.

This kind of thing is very necessary in these days to fill in the open neck of an evening or semi-evening frock which we intend to wear as a tea-gown or outdoor summer dress, according to its style. An evening frock of silk voile is shown on the cover, filled in with this detachable yoke, which is a good one, as its little sleeve of lining keeps it in place so nicely, aided by strings and loops of tape, as shown on page 21.

The pattern is in four pieces—half the front, one back, half the collar, one sleeve (for lining only). The three pieces for lace are shown in the diagram, laid on 1 yard 18-inch lace. A sprig pattern must not be chosen, as the height of the pattern comes out of the width of the lace, which would reverse the floral sprays. Any oddment of batiste or muslin does for the sleeve, which is edged with Valenciennes.

The yoke is seamed on the shoulders, and is hooked at the back. The trimming is a band of wide beading (or muslin cut in slits) threaded with velvet ribbon. Stitched bands of silk make a very nice decoration.

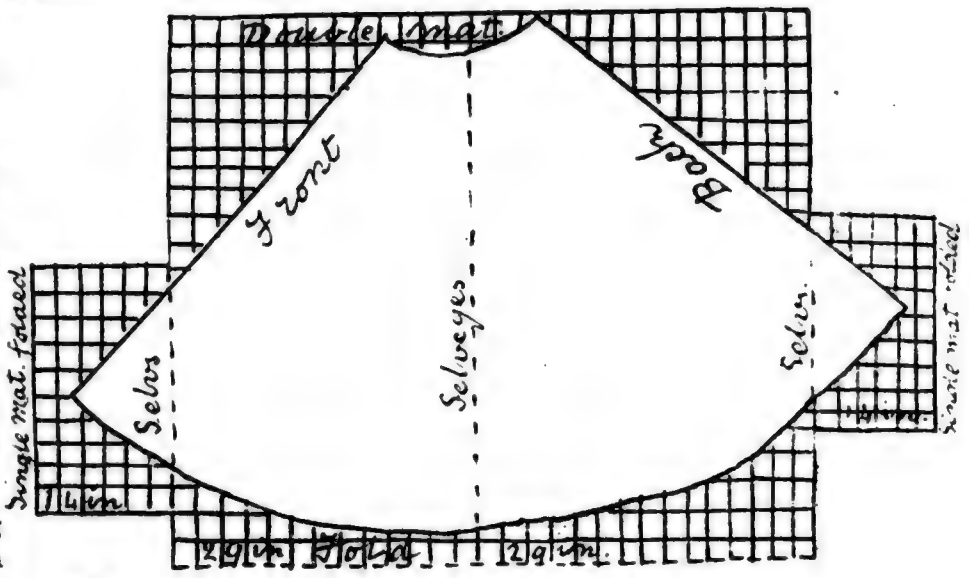


Diagram of Skirt Pattern.

UMBRELLA SKIRT and DRAPED LINED BODICE IN CHECK MATERIALS.

The Cut-out Paper Patterns of this Skirt and this Lined Bodice are Given Free with this Number.

BABY'S FRENCH BONNET.

This is a charming little model, of tucked muslin and Valenciennes. The pattern is in two pieces: The bonnet proper, and the small lozenge which shapes it at the back. The diagram shows the pieces laid on 1½ yards 28-inch muslin. For the bonnet the muslin is tucked in three rows of five tiny tucks, leaving spaces between for ½-inch Valenciennes insertion. The plain muslin is cut away beneath the lace. If preferred, ready-tucked and lace-striped muslin can be bought. The lozenge for the back is embroidered all over (pierced broderie Anglaise).

Seam the bonnet from the notch *a* to *b*. Then gather between *a* and *a*, and arrange into the lozenge, the point *a* of which fits into the point *a* of the little seam *a b*.

This shapes the bonnet, the edge of which is stiffened with featherbone (the thinnest wire is not soft enough for a baby's head).

"I have taken your journal for seven years, and find it very useful'.—L. Bradbury, 38, Gladstone Avenue, W. G., N.

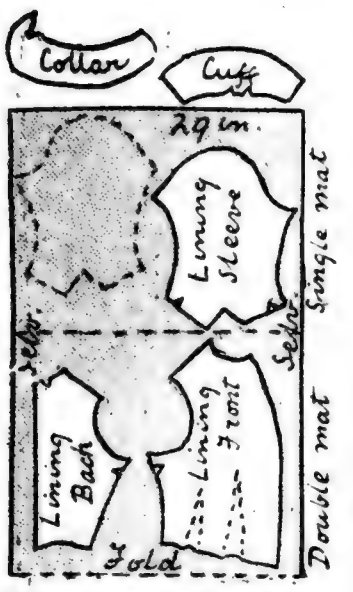


Diagram of Bodice Lining Pattern.

Diagram of Detachable Yoke.

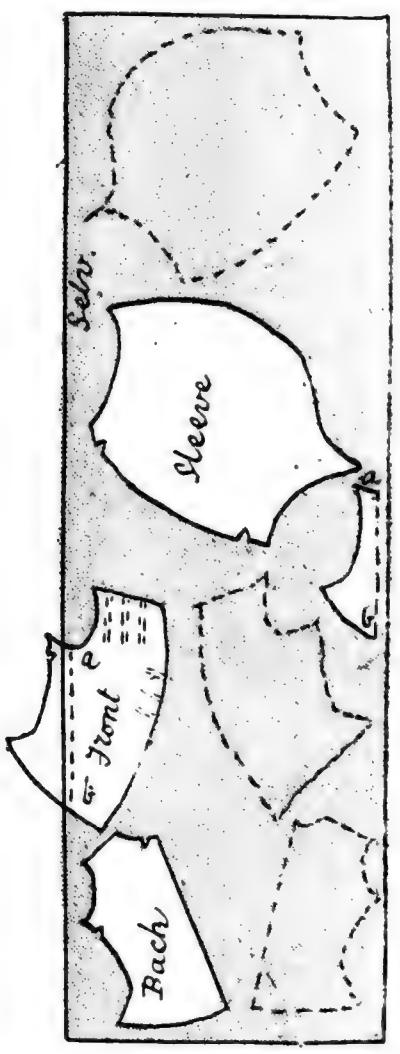


Diagram of Draped Bodice Pattern.

Line with pale pink sarsenet. The strings of inch pink satin ribbon are sewn at the corners *b*.

The frills are double. Outside is an inch muslin frill, lengthened by a half-inch Valenciennes insertion to which is sewn an inch Valenciennes edging. The inside frill is the same, but without the half-inch insertion. This makes a pretty fluff round the little face and neck. The trimming are two smart bows of the inch satin ribbon, and a dainty little aigrette of tiny pale pink rosebuds mingled with forget-me-nots.

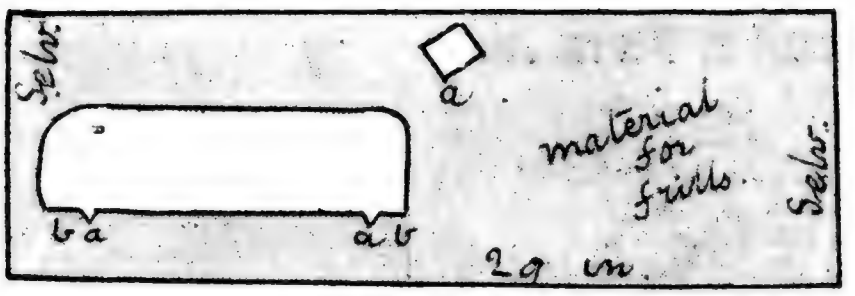


Diagram of Bonnet Pattern.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

CHAPTER IV.

MASSAGE.

HUNDREDS of years before the Christian era commenced, beauty of personal appearance was so greatly valued that it was considered part of the day's duty to spend some time in cultivating it according to the best methods known to the scientific people of those days. Baths were in great requisition, and after each bath the whole body was rubbed with perfumed ointments, and stroked and tapped, or rolled and kneaded, very much after the manner in which we do it to-day.

So, as the best time for massage is immediately after the bath, I will in this chapter give a simple lesson in face-massage with a little appliance that, unless there is a very decided "double-chin" to be reduced, should be lightly and steadily used.

A Massage-Roller that causes vibration of the skin and its subcutaneous tissues, if applied judiciously, is bound to do good by toning up any tissues or skin that are tending towards bagginess, and in restoring lost contours to the face, and the excellent little apparatus invented by Dr. Horn, of 43, Parkwood Road, Bournemouth (who came to us with splendid credentials from the Berlin Skin Hospital), from whom alone it can be obtained, will begin to give good results very soon after its regular use has commenced. But it must ever be remembered that the skin, especially of the face, is a delicate structure, or series of structures rather, and that the roller must never be used as if it were a wooden rolling-pin manipulating something on a wooden pastry board.

With the Roller, if readers of Myra's Journal will ask him for them, Dr. Horn will send, without extra charge, two prescriptions, one for a "Face-Massage Cream," which is a perfect "Skin Food," and one for an astringent tonic lotion. Any chemist will dispense these, and then this is the way to set to work to beautify the face, improve its complexion, and preserve its youthful outlines:—

(a) Put a little muslin bag, about 3 inches square, filled with oatmeal and a pinch of borax in the toilet basin with ½ pint of warm water, overnight for use in the morning, and in the afternoon for use at night, and just when the face is going to have its beauty-culture "treatment" make this oatmeal-water up to a quart with hot water, squeeze all the milky juice out of the oatmeal sachet, and take this out of the basin. Then, with hands used instead of a flannel or sponge, well wash face and neck, and dry by patting upwards with a soft towel.

(To be continued.)

DETACHABLE FRENCH YOKE AND BABY'S FRENCH BONNET.

For Descriptions see Page 21 and this Page.

The Cut-out Paper Patterns of this Yoke and this Bonnet are Given Free with this Number.

Two Hints.—(1) Old stockings stuffed with rags and sewn up at the ends make good stove polishers. (2) In buying flour, look at the colour. If it be white, with a pale straw tint, it is worth buying. If white, with a pale blue tint, avoid it altogether.

HORLICK'S MALTED MILK does excellent service with patients suffering from fevers and infectious diseases. Many medical men have found it valuable in typhoid and all cases where milk is indicated. It is not a medicine, but a food complete in itself. It is valuable during influenza attacks, and in convalescence subsequently. It is a beverage of exceeding delicacy as well as a food product. Of all chemists and stores, 1s. 6d. and 2s. 6d. per bottle. Free sample sent for two stamps, to cover postage, by Horlick's Food Company, 34, Farringdon Road, London, E.C.

"I find Myra's" a very useful journal, also very elegant."—S. B.

Beautiful Blouses at Messrs. Samuel Lewis and Co's.

The silk, voile, and mousseline de laine blouses are charming this year, and nowhere can we get better models for our money than at Messrs. Samuel Lewis and Co.'s, the Holborn Silk Market, Holborn Bars, E.C. Here is a great variety of the daintiest examples at surprisingly small prices; so enticing, indeed, that a few have been sketched on page 23. The first model (Fig. 1) is of pretty fancy voile, most daintily trimmed with lace. Several colours are to be had—green, pink, sky blue, and the fashionable pale heliotrope. The price is only 6s. 11d.—a very low one for so smart a blouse. The pretty pointed yoke is made up of lace insertion, and the lower sleeve is striped with the same lace. Fig. 3 (only 9s. 11d.) shows a charming blouse of creamy silk. This exceedingly dainty model has a handsome fichu frill, trimmed with lace insertion and edging, and a smart vest striped with lace. The frill elbow sleeve ends in a lace-trimmed frill.

Only 6s. 11d. is the pretty blouse Fig. 2, made of nun's veiling (cardinal red, pink, sky-blue, cream, brown, heliotrope, navy or Nile green). With cloth skirt of the same shade, this would make a handsome summer dress. The style is a very good one. The full blouse and sleeve puff are decorated with frills of the veiling, the elbow sleeve ending in lace-edged frills. The yoke is of lace, decorated with smart rosettes.

Of dainty fancy material is the elegant blouse, Fig. 4, to be had in three charming colour combinations — cream and pink, cream and fawn, cream and green. The price is only 9s. 11d. The fronts are gracefully gathered on the shoulders, and the full elbow sleeve ends in kilted frills. The vest is smartly striped with lace. Another highly effective gathered blouse, at the same price (9s. 11d.) is shown at Fig. 5, in pretty fancy materials (coral pink, sky blue, heliotrope, or navy blue in general shade). The blouse is gathered on cords on the pretty yoke of lace insertion. The sleeve is also gathered on cords, and finishes in kilted frills. The lace yoke is trimmed with bows.

SACCO'S GREAT FASTING FEAT.

It is interesting to learn that Sacco, who has recently finished his great fast of 45 days at Hengler's Circus, London, lost only 55lb in weight, his consumption during the period being strictly confined to water. His first nourishment after leaving his glass house was a cup of cocoa and a small glass of Dr. Hommel's Hæmatogen, its value as a tonic food, rich in organic iron, and producing flesh and blood very rapidly, being well known to Sacco. Sacco told the Doctors and those of the public who were present at the breaking of his fast that he expects by suitable dieting and the free use of Dr. Hommel's Hæmatogen, which is manufactured by Nicolay and So.. 35, St. Andrew's Hill, London, E.C., to be quite strong again in a few weeks, so as to be able to commence a new fast of 40 days towards the middle of April. During 1905 he fasted altogether 244 days, invariably using Dr. Hommel's Hæmatogen in the intervals between each fast, thus proving this tonic to be invaluable in cases of Anæmia and General Weakness. It is not a medicine, but a scientific food which renews the manufactured by Nicolay and Co., 36, St. improves the health of all who take it.

No. 6060.—LOVELY PRINCESS EVENING GOWN.

For Description See Pages 30 to 34.

Price of Paper Pattern, 1s. 0½d. post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Fig. 1. Fig. 2. Fig. 3.

Fig. 4. Fig. 5.

SMART SUMMER BLOUSES SKETCHED AT MESSRS. SAMUEL LEWIS & CO.'S.

For Description see Page 22

No 6061 No. 6062 No. 6063 No. 6064 No. 6065

CHARMING GOWNS FOR DRESS OCCASIONS IN SUMMER WOOL

For Descriptions see Pages 80 to 84.

Price of Paper Patterns, Princess Gowns, each 2s. 0½d.; *Skirts, Foundation Skirts, Bodices, Coats, each* 6½d., *post fr*

No. 6065 No. 6066 No. 6067 No. 6068

ONS IN SUMMER WOOLLEN AND WASHING MATERIALS.

r Descriptions see Pages 80 *to* 84.

Skirts, Bodices, Coats, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11 *Fetter Lane, E.C.*

An Artistic Embroidery Design.

AS this is undoubtedly an age of embroidery, we think it would be profitable to give our readers a pattern which can be utilised either for home decoration or dress ornamentation. For the home, this pattern can

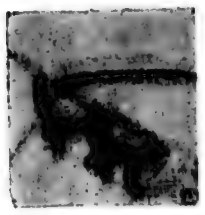


Fig. II.

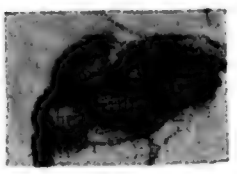


Fig. IV.

Fig. III.

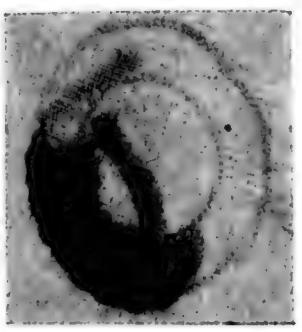


Fig. V.

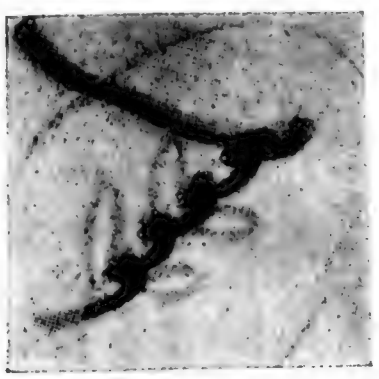


Fig. VI.

be used for table-covers, tea-cloths, curtains, or the design could be cut up and used for cushion covers. For dress decoration, this pattern is admirably suited for the new gowns of house flannel, for cashmere or cloth dresses, although for house flannel it is specially appropriate.

The design is worked on a white, hemstitched linen teacloth in shades of blue silk Nos. 150a and 150c, used for the geometrical pattern, the pale blue for the inside and the darker blue for outlining, and golds 99x and 99. The golds are used also in the geometrical design for the oval parts between the pointed sections, the dark colour for outlining, and the pale shade for filling up, as well as for the wheat ears, which should have the stems in the dark colour in the centre one, the wheat in light gold, and the ears in the dark colour. The next stem of wheat is reversed, with the ears done in the dark gold and the stems and spiky part in the pale gold shade. For the leaves, three shades of green may be used with advantage, Nos. 158, 159, and 160, the stems being in the dark shade and the leaves shaded with the other two. The flower, like a marguerite, is done in shaded blues, and the centre filled in with French knots of dark gold.

We would recommend this pattern to be worked up the front of a white afternoon skirt, as before mentioned, the corner being at the foot of the front width, the design going up to the waist and round the hem, and also for the bodice and sleeves, the design to be cut up and used as desired.

Transfer patterns and materials for working may be obtained from Mr. R. Cullen, 182, Tottenham Court Road, London, W.

Now for the stitches to work this, we would recommend a simple crewel stitch as for outline. Our stitches are sewn with coarse thread in order to give our readers a better idea how they should be worked, and no difficulty should be felt in following the pattern. This stitch is to be used to surround the points of the geometrical design, and the filling up between the two lines is done in herring-bone stitch, as shown in Fig. II. The oval leaves between the pointed pattern are outlined with Fig III., which is a buttonhole stitch about a quarter of an inch apart, the spikes being outward and the knotted part close to the line of the design. The filling up (Fig. IV.) is in featherstitch, with long arms and short centre-stitch, effective when kept wide. Fig. V. is for the round circle inside this corner design, and it is buttonholed with the dark shade of blue, the stitch extending from the inner line to the outer line, as shown in Fig. V. Fig VI. shows stem stitch to be used for the inside of the leaf of the spray design at each side of the flower. The petals of the open flower should be filled in. It is merely plain satin stitch, and each leaf divided in two unequally, the part nearest the centre being of dark blue and the outside edge of pale blue. French knots are used for filling up the centre of flower. These knots are not put close together, and when the needle is in the material the thread should be twisted twice round and then the needle drawn out and the knot made by taking the needle out and bringing the point of the needle where the knot is to be. The leaves are made in plain satin stitch in pale green. The wheat ears are worked in satin stitch, the spikes with two long stem stitches.

Fig. VII. shows the work completed.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or *short* coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d. post free.

Fig. VII.
WORKED CORNER OF CLOTH.

"I have been a subscriber for years and always find your journal so useful."—C. A.

No. 6063A No. 6069B No. 6069C

SMART SUMMER GOWNS FOR THE RACES OR GARDEN PARTIES.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Corselet Skirt, 1s. 6½d.; *Skirts, Foundation Skirts, Blouses, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

Practical Dressmaking for Home Workers.

"GYM" DRESS FOR SWEDISH DRILL.

(*See No. 6071, page 29.*)

THIS is the costume as worn by girls at our big public schools (like the High Schools, &c.). It is made of serge (in the school colour), and is worn over the ordinary combination and the girl's blouse (white by preference) which she wears with her school coat and skirt.

For excellent serges, just the thing for this dress, send to Lutas Leathley, Summer Department 40, Armley, Leeds.

There are no fastenings to the tunic. It passes over the head, and the shoulder straps button in front. The big girls have the skirt of the tunic long enough to conceal the knickers entirely.

The pattern is in four pieces: Half the pleated back of tunic, half the pleated front, one shoulder strap, half the knickers. Box-pleats of back and front are wheelmarked on pattern. The diagram shows the pattern pieces laid on 2⅓ yards 54-inch serge, which is doubled in half (selvedges meeting), the back centre of back and the front centre of front laid along the fold, so that each is cut in one piece, the strap and knickers being cut in duplicate.

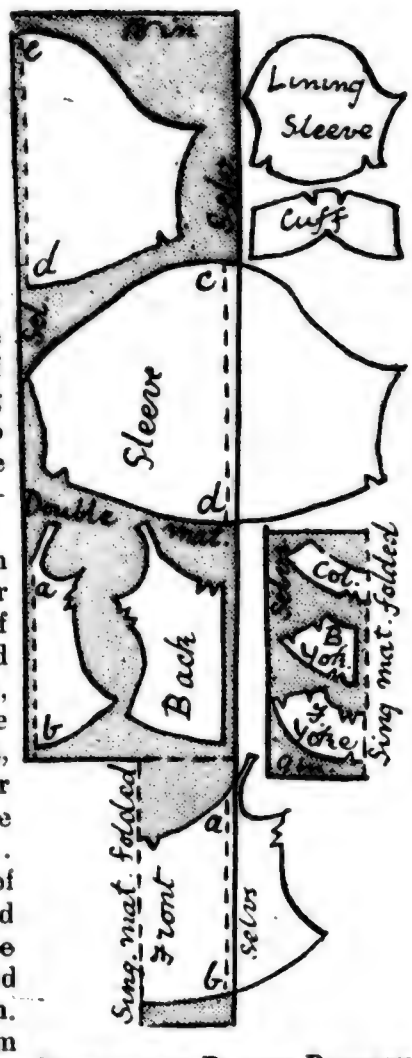


DIAGRAM OF BLOUSE PATTERN.

Seam together back and front, after stitching down the pleats. The bust should fit easily, but not be too loose. The lower edge is hemmed. The lined strap is sewn on at the back, and closes with a buttonhole in front, according to the notches on front, back, and strap patterns. Line the strap with serge, stitching the edges neatly.

Seam the knickers. Hem the top, and pass through the hem a tape or elastic runner. The legs (hemmed) can be left free or be drawn in to the knee by a runner.

AN EMBROIDERED NIGHTDRESS.

(*For Illustration, see No. 6036, page 12.*)

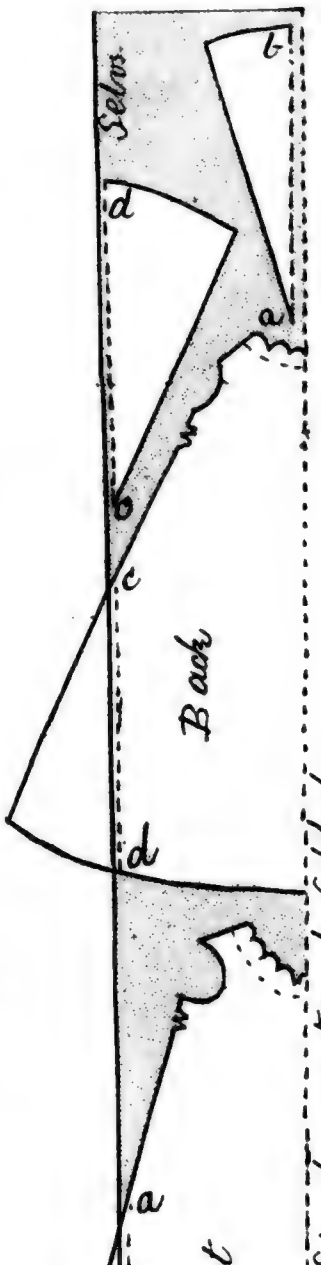
The frothy frills and billowy tucks which were such a feature of handsome underwear have of late more and more given way to a certain chaste severity of simplicity, beautified with very dainty embroidery—not the pierced work of the *broderie Anglaise* craze, but graceful spray designs worked on the material in satin stitch. This style of decoration and cut necessitates the employment of more substantial materials—fine linen (for those who can wear it), Indian and finer makes of longcloth, the more substantial makes of nainsook, &c., &c.—instead of mull muslin, thin veilings, and gossamer nainsooks.

I illustrate on page 12 a lovely set of underwear, made of substantial nainsook (36 inches wide), which I can confidently recommend to this spring's brides who are thinking out ideas for their *trousseux*. The dainty embroidery is worked everywhere (except the scalloped edges) in satin stitch with fine embroidery cotton or Harris's Flax Thread. This embroidery should be white on white material. Sets of this description are being prepared in pink or blue lawn or linen, worked in white; coloured embroidery on white is rather vulgar. The only colour should be in the ribbon which is passed through worked slots cut in the material. The scalloped edges of neck, armhole, frill, in all the models, are worked in buttonhole stitch. Three yards of material will, for an average figure, make the chemise; 3 yards again will be required for the drawers (the embroidered and scalloped frill is very smart), and 1½ yards for the cache-corset, which has an added basque—quite the best type of cache-corset possible.

No. 6070. A LACE BLOUSE.

For description see page 29.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*



This pretty little garment, by the way, if all white, would make a capital under-slip for transparent blouses.

The nightdress is, perhaps, the most attractive model of this charming "set," which is the best taste possible. It is of "Djibeh" type—that is, it is entirely without fastenings, passed over the head, the neck drawn up by the ribbon which is passed through the worked slots.

The pattern of the nightdress is in three pieces: Half the back, half the front, one sleeve. Neck and sleeve frill (cut with sleeve) are scalloped. The diagram shows the pattern pieces laid on 6½ yards 36-inch nainsook, which is opened out and is double beneath the sleeve, so that it

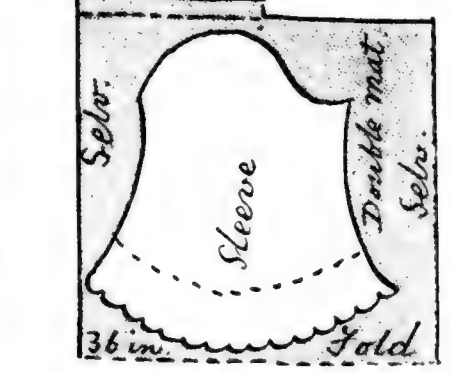


DIAGRAM OF NIGHTDRESS PATTERN.

For illustration, see No. 6036, p. 12.

is cut in duplicate. The single material is folded over (selvedges meeting), the back centre of back, and front centre of front laid along the fold, so that each is cut in a single piece. The material being too wide for complete back and front, added corners have to be seamed on all the selvedges at *a b*, *c d*.

Embroider the front, sew the seams (double notch and shoulder seams), next small run-and-fell seams. Hem the lower

"I have just commenced taking your journal and am very pleased with it."—N. B.

edge. Work the scallops of neck. Cut slots round neck at even distances about 2 inches (top of slots) from the scallop edge, and work them in satin stitch. The ribbon should be from 1 to 2 inches wide, and the length of slot should be rather less than the width of the ribbon used. This ribbon can be passed through so that ends emerge at left side or at front centre.

For capital nainsooks of substantial weight for this purpose, send to Christopher Williamson, Maddapollam Department, 91, Edgware Road, W.

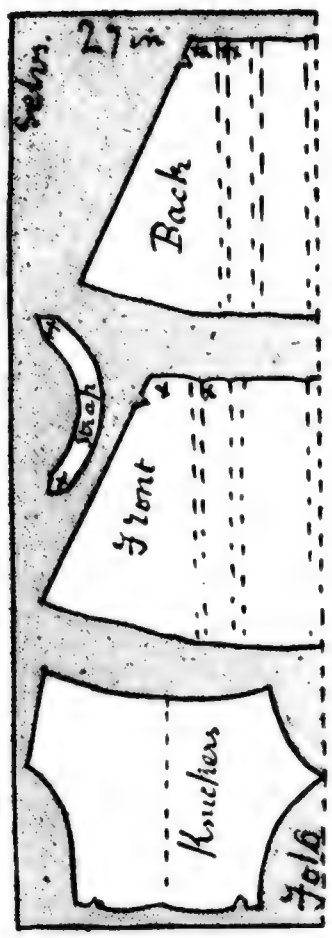


Diagram of Girl's "Gym." Dress Pattern.

The sleeve is seamed and the scallops worked. It can be drawn up by a ribbon passed through slots, or a narrower ribbon could be passed beneath a bias strip of the nainsook stitched on beneath the sleeve where the frill commences.

A LACE BLOUSE

(For Illustration see No. 6070, page 28.)

Everybody must have a lace blouse nowadays. The coarser laces are preferred, with some mingling of lighter, more delicate lace, and the best models show some silk, generally in the form of strappings decorated with handsome buttons. I am dealing with a typical blouse of the sort this month. It is of white, coarse lace and point d'ésprit net, trimmed with strappings and cuffs of leaf-green glacé, the sleeves lined with the glacé.

The pattern is in eight pieces: half the front, one back, the sleeve (for coarse lace), half the collar, one back yoke, half the front yoke (for point d'ésprit net), one sleeve lining and the cuff for the glacé which straps the blouse. The diagram shows three pattern pieces, for coarse lace, laid on 4½ yards, which is folded over for the front (front centre laid along the fold). The rest of the 18-inch lace is opened out and is doubled (do not fold lace, as that would reverse the pattern; cut it and lay the two breadths face to face, seeing that the pattern coincides in both breadths). The lace not being wide enough for front and sleeves, additions must be seamed on (pattern meeting) at *a b*, *c d*. The diagram for net shows the 18-inch material doubled (selvedges meeting), front centres of yokes and collar laid on the fold. 1½ yards of glacé should be enough for sleeve-lining, cuffs, and straps, which are cut on the cross.

Tack together the three yoke pieces. Tack together front and backs, arrange into the yoke, and try on. Make the seams very neat and small. Hem the basque. Edge the yoke with light lace (of the net type), and strap with 1½-inch strips of glacé, the lace continuing to edge the smart little lappet straps in front, which are decorated with buttons. Strap and put on the collar (it hooks at the back, like the blouse, with tiny hooks and worked loops). Seam the sleeve. Arrange on the lining, and gather into the lined cuff, which is decorated with two frills, silk draperies, and two bows.

AN EMPIRE CORSELET SKIRT.

(For illustrations see No. 6055, page 18.)

The pattern consists of a belt lining (five pieces: one back, one front, three sides), a full skirt with Empire back (three pieces: one back, one side, half the front), and of a corselet drapery (one piece, half the drapery), making nine pieces in all. For this skirt I recommend Samuel Lewis's (Holborn Silk Market, Holborn Bars, E.C.) double-width taffetas. The double-width satins are lovely, but satin comes costly, as the skirt requires so much material. satin having a distinct "up-and-down," and being, therefore, non-reversible.

The diagram shows the pattern pieces laid on 6¼ yards double-width white taffetas (some 7½ yards of satin, same

No. 6071. Girl's "Gym." Dress.
For Description see Page 28.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

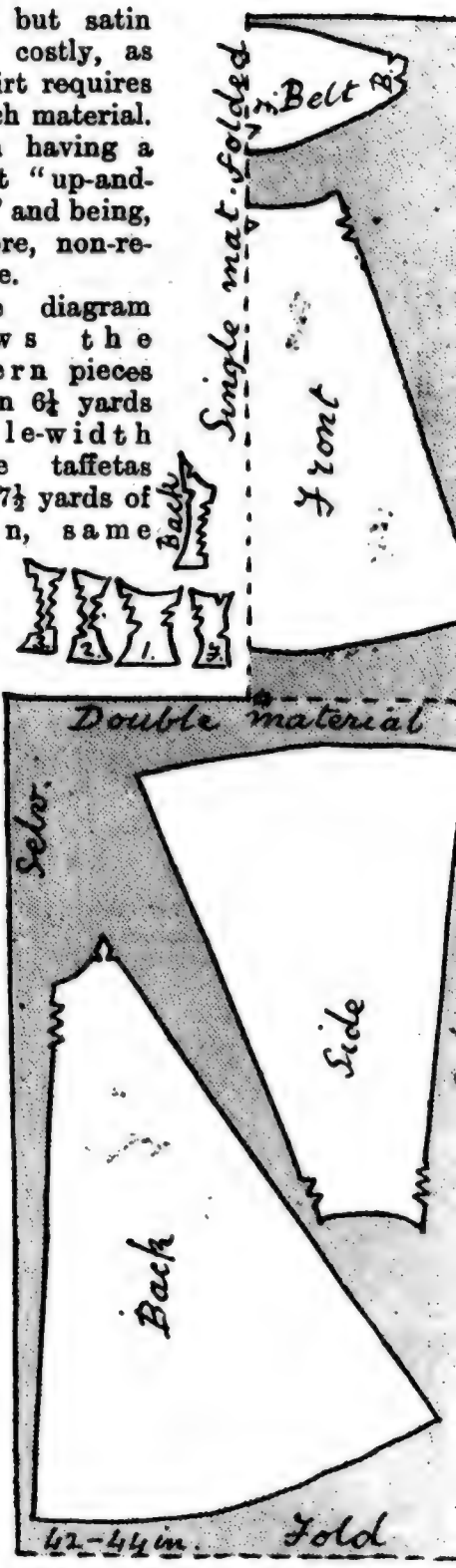


Diagram of Corselet Skirt Pattern.
For description see No. 6055, p. 18.

width, would be required, leaving m waste), which is opened out, and is dou beneath back and side, so that each is in duplicate. The single material is fol over for tablier and corselet drapery, so each is cut in one piece.

Cut the belt in lining; tack according notches, and try on—a very neat fit. M the opening at back (hooks and eyes, e to edge). Bind the top and lower edge. bone carefully all the seams and each b (where is the opening). Seam together front, sides, and backs of the skirt. P the seams. Gather the top and mount it the corselet of lining, according to notches.

The lower edge of the skirt is sim hemmed. A good method is to hem w one row of machine stitching, stitching o the same time a small silk frill.

The opening is at the back, clos amidst the fulness, with a few very sm de Long hooks and bars (or worked loop

Lastly, arrange the drapery accordin the notches. Leave *very good* turnings, wh can be folded in as you drape the sa The back is pleated up into as small a c pass as possible. These pleats do not n edge to edge like the belt lining, but lap a trifle, held in place by a small h

"I like 'Myra's Journal' very much."—E. S.

Descriptions of Our Illustrations.

Empire Tea Gown of Spotted Silk Voile.

No. 6020, **Page 8.** A five-piece skirt—two backs, two sides, one front—of blue voile over silk or thin mercerised lining mounted on a three-piece Empire bodice. For spotted silk voile send to Best's Dress Goods Company, Bradford, who pay carriage of patterns both ways. Seam voile and lining apart. An Empire sash decorates the gown below the bust on the pleating of voile (decorated with lace) which veils the bodice lining. Skirt and bodice are decorated with vandykes of lace. Skirt has a small voile frill at edge. One piece sleeve draped on a lining, with lace vandykes and frill. 44-46-inch material, 8 yards. Where the material is too narrow for breadths, added corners must be seamed up the selvedges.

Tea-Gown of Figured Net.

No. 6021, **Page 8.** Fitted princess dress cut in silk or mercerised lining—two backs, two sides, a three-piece front. Close on left of centre panel. Seam apart from the fuller nine-gore dress of net, sides and back of which are finished with a shaped frill, headed with a chiffon bouillonné. The net neck is cut in a deep V shape, filled in with a draped chemisette of chiffon. Lace or net frill form sleeves. Lace stole. Edge of skirt is tucked to flat pattern. 45-inch net, 9 yards. For patterns of net send to Messrs. Peach, Mail Order Department, 133, The Loom, Nottingham.

Court Gown for a Young Matron.

No. 6022, **Page 9.** Nine-gore princess dress of white satin, lined to the hip, worn over a trained foundation skirt. The seams are embroidered. The front is lightly draped on the fitted lining. Lace train mounted on firm chiffon, edged with a tulle ruche. Small sleeve of satin with frills of tulle. 22-inch satin, 16 yards; 18-inch piece lace (4 widths), 14 yards. Draped lace berthe. Butterfly motifs match embroidery.

A Braided Summer Coat.

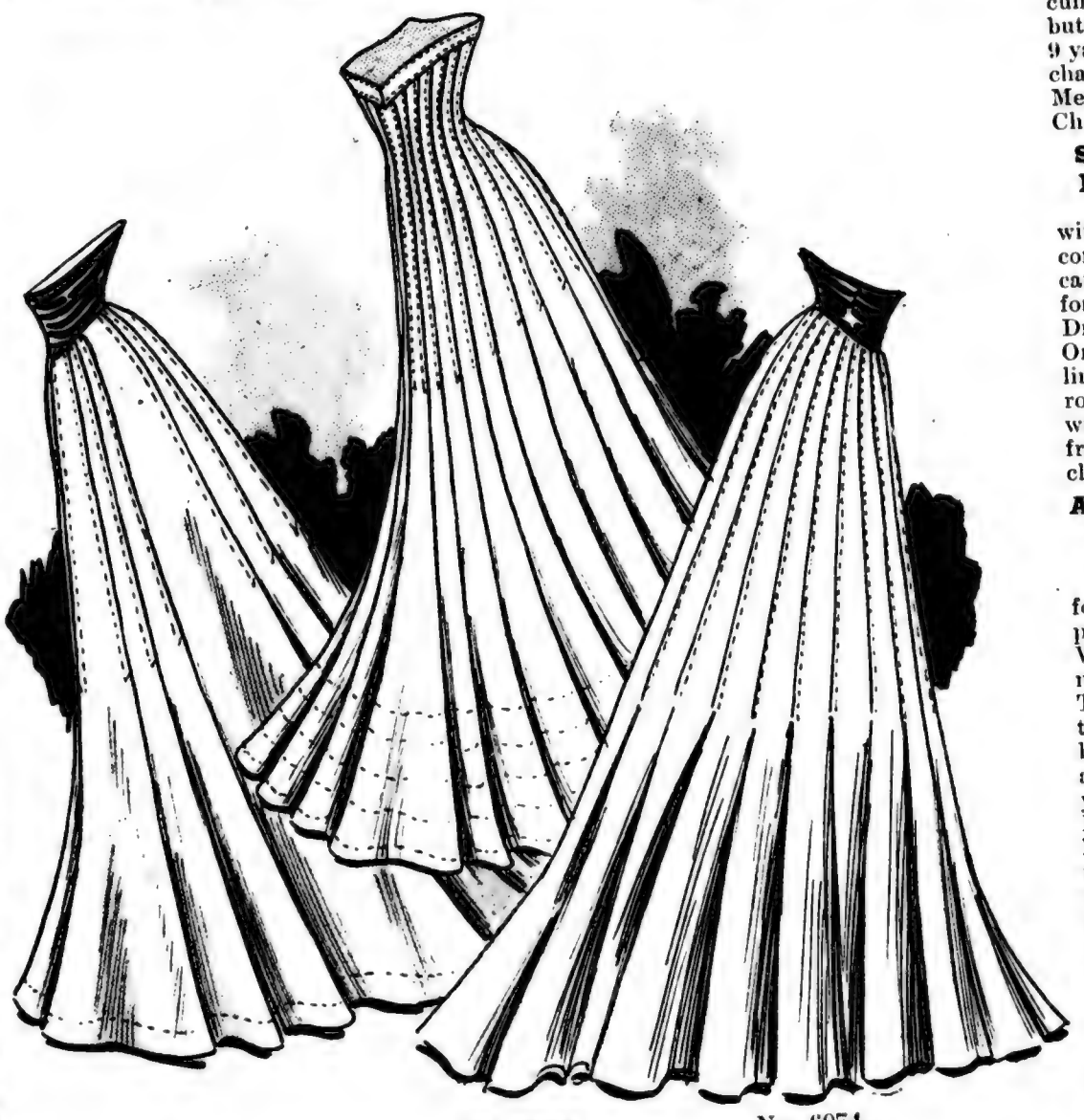
No. 6023, **Page 10.** Excellent for white or putty serge or cloth. For these send to Best's Dress Good's Company, Bradford. A back and two fronts (with added revers) closing edge to edge, an added basque, a roll-collar, an original sleeve on a smaller lining, with strap cuff. Except sleeve, silk lining is cut on coat pattern, but is seamed apart. Collars, revers, cuffs, are faced with the cloth or serge, striped with fine silk braid. The basque edge is braided. Lace sleeve frills. 54-inch material, 3 yards.

A Pleated Empire Coat.

No. 6024, **Page 10.** A back and two fronts, forming two inverted box-pleats, back and front, partly stitched down. Line with thin silk, pleated with the fine cloth. Stitched shaped Empire band of cloth. Close with hooks and eyes. Face the collar with velvet. Heliotrope velvet on drab face cloth looks very well. Two-piece sleeve with velvet-faced cuff. 52-inch material, 3½ yards.

Strapped Tailor Gown.

No. 6025, **Page 10.** Excellent model for Pirle-finished cream tweed. Two-piece umbrella skirt, with strapped front seam. Wear over a five-gore foundation skirt. The elegant coat of the skirt material has a back, four sides, two two-piece fronts, front and back seams strapped. Stitch and press the seams after fitting. Interline fronts with lino and face with the material. Strap the edge. Coat closes with three buttons at bust only. Line with silk or polonaise, cut on coat pattern, but seamed apart, the edges slipstitched to stitched coat edges and front facings. Collar of tweed, faced with strapped velvet. One-piece short sleeve, draped on a lining, with stiffened cuff, faced like collar. Metal buttons. 54-inch material, 9 yards. For cream and other charming tweeds, send to Messrs. Nicholson's, St. Paul's Churchyard.



No. 6072 No. 6073 No. 6074

THE LATEST PLEATED SKIRTS.

For Description see Pages 30 to 34.

Price of Paper Patterns, Skirts, each 1s. 0½d.; Corselet Skirt, 2s. 0½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Summer Empire Coat.

No. 6026, **Page 10.** A back and two fronts filled in with a shaped flounce. Decorate with stitching. Flounce can be unlined. Good model for white cloth (send to Best's Dress Goods Co., Bradford). One-piece sleeve on a smaller lining. Cuff and collar are of royal blue velvet, decorated with lace appliqués. Lace sleeve frills. Metal buttons. 54-inch cloth, 2½ yards.

A Cache Corset of Indian Longcloth.

No. 6032, **Page 12.** Could be used as an underslip for transparent blouses. For patterns, send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W. Three-piece bodice—back and two fronts, buttoning in front beneath a stitched strap, fronts arranged into an embroidered yoke. Added one-piece basque. Neck and armholes are scalloped and worked, neck cut in worked slots run with narrow ribbon. Fronts are embroidered in satin stitch. 36-inch material, 1¼ yards.

Empire Chemise of Indian Longcloth.

No. 6033, **Page 12.** Two-piece chemise, the front tucked (tucks wheel-marked on pattern) into a band of longcloth cut with slots and threaded with ribbon. This edges an Empire yoke of long-cloth, embroidered to match No. 6032. Armholes are edged

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

with embroidery. 36-inch material, 3 yards. For patterns of longcloth send to Christopher Williamson, Fabrics Department 91, Edgware Road, W.

Petticoat of Firm Nainsook.

No. 6034, **Page 12.** In five gores, trimmed with a flounce of embroidery tucked in groups, and edged with a frill of inch Valenciennes (sew on hem of petticoat). Skirt buttons on left. The top is cut very low and is lined with a shaped band. 36-inch nainsook, 7 yards. For patterns of nainsook send to Lutas Leathley, Summer Department 40, Armley, Leeds.

Empire Dressing Gown of Nainsook or Muslin.

No. 6035, **Page 12.** For nainsook or washing muslins, send to Lutus Leathley, Summer Department 40, Armley, Leeds, for patterns. The full five-gore skirt is tucked (tucks wheelmarked on pattern) into the three-piece Empire bodice with a worked band cut in slots, and threaded with a ribbon. Bodice is handsomely embroidered to match the set Nos. 6032-6037. Gown closes on left shoulder. One-piece sleeve drawn into embroidered frill beneath a ribbon-threaded band. Edge skirt with a flounce of embroidery. 29-inch muslin, 14 yards.

For description of Nightdress, see page 28.

Knickers of Indian Longcloth.

No. 6037. **Page 12.** To match Nos. 6032-6036. Cut in two pieces, with wide hems at the open crossed backs, arranged into a shaped band. Wide embroidery frill arranged into a band, which is cut in slots and run with a ribbon. 36-inch material, 3 yards.

Blouse of "Satin Finish" Mercerised "Venetian" and Lace.

No. 6038, **Page 15.** A full front and two full backs, striped with lace, hooking at back, gathered into a three-piece yoke of sprigged net, outlined with scrolls of lace. Soft belt of satin. Band collar of the net and lace, hooking at back. Beautiful draped sleeve of the Venetian on a smaller lining, with elegant frills of the fabric and strap of lace. 28-inch Venetian, 4 yards. For patterns of Venetian (only 9¾d.) and all the new mercerised lawns send to Messrs. Nicholson, St. Paul's Churchyard, E.C.

Tucked Blouse of Mercerised Delainette.

No. 6039, **Page 15.** A back and two full fronts, gathered into a tucked vest of delainette, which closes on shoulder. Valenciennes frills edge the fronts and yoke. Collar of tucked delainette (tucked to flat pattern) and valenciennes. Full elbow sleeve with lace-edged frill. 31-inch delainette, 4 yards. For patterns of delainette (4¾d.) send to Messrs. Nicholson, St. Paul's Churchyard, E.C. Shoulder straps of ribbon, edged valenciennes.

A Tucked Lawn Blouse.

No. 6040, **Page 15.** A tucked back and two tucked fronts of lawn (tucks wheelmarked on pattern). Added front and yoke of embroidered lawn, strapped with the plain material. Embroidery forms the wide band collar. Draped elbow sleeve gathered on a smaller lining, with fitted lower sleeve, made up to flat pattern with lawn and strips of insertion. 42-inch lawn, 2 yards. This blouse looks lovely in Oriental satin and Irish lace.

Blouse of Plain and Figured Silk Voile.

No. 6041, **Page 15.** Cut a bodice lining in silk; back, four sides, a three-piece front, to hook on left of centre panel. Tack, fit, seam, leaving only the side and shoulder seams. Cover back and front tops with a yoke of lace-striped plain voile. Veil with draped back and draped fronts of the voile, also with a bolero back and fronts of figured voile, the junction hidden with ruches of the plain voile. Finish the seams. One-piece sleeve of the figured material, decorated with ruches. Collar of plain material tucked to flat pattern. 45-inch material, plain, 1½ yards; figured, 2 yards. Wear with a gathered corselet skirt. For patterns of double-width silk voile send to Best's Dress Goods Company, Bradford, who will pay carriage of patterns both ways.

Tucked Linen Blouse.

No. 6042, **Page 15.** The pattern is in six pieces—half the tucked back, the tucked right front (cut with central panel), one sleeve, half the collar band, half the basque, one cuff. The tucks are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 36-inch linen, which is opened out and is doubled, so that front, basque, and sleeve are cut in duplicate. The single material is folded (selvedges meeting), the back centre of back laid on the fold. Left front is cut without added panel, which (on right front) is covered with broderie anglaise. Arrange the tucks. Tack together the back and fronts. Arrange into the basque; try on. Make buttonholes down an underfold of right front, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Hem the basque's lower edge, put on the shoulder straps of broderie, edged with valenciennes. Seam on the band collar of broderie anglaise according to the notch. It buttons with a mitred end. The sleeve is seamed inside with a fell seam. It is gathered into the cuff of embroidery. Gather the top of sleeve into the armhole and bind the seam for neatness. For patterns of linen send to Robinson and Cleaver, Belfast. The broderie anglaise can be replaced by linen bands worked with crewel silk.

Charming Coffee Coat of Painted Muslin.

No. 6043, **Page 15.** A back and two fronts, edged lace, arranged into a lace yoke (make up on the pattern). Edge the coarse lace insertion with little valenciennes frills. One-piece sleeve held with an elastic, edged with a shaped frill decorated with lace. 45-inch muslin, 4 yards. Satin bow.

Tricorne of Fancy Straw.

No. 6044, **Page 16.** Of white straw, embroidered with gold thread, trimmed with a wreath and bouquet of pink may and a pink plume.

Black Chiffon Picture Hat.

No. 6045, **Page 16.** Of gauged chiffon, mounted on a wire frame. Drapery of chiffon round crown. Black ostrich feather.

Turban of Fancy Grey Straw.

No. 6046, **Page 16.** The brim is trimmed with appliqués of silver braid. White ostrich plume.

New Hat of Leaf-green Chip.

No. 6047, **Page 16.** With the fashionable dome crown. Brim is covered with forget-me-nots. Wreath of green leaves on crown. Blue bow.

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The New Sailor Hat.

No. 6048, It is tilted, with a drapery of velvet matching that on the crown. Three quills and a buckle on left.
Page 16.

Girl's Empire Coat of Linen.

No. 6049, A two-piece circular skirt and three-piece scalloped bodice of rose linen (for patterns, send to Robinson and Cleaver, Belfast). Big pointed collar, the points filled in with motifs of broderie anglaise or Irish lace. Coat is unlined. One-piece sleeve with cuff matching collar. 36-inch material, for a girl of eight, 5 yards.
Page 17.

Boy's Linen Tunic Suit.

No. 6050, Two-piece knickers (opening up the sides, buttoned on to the stays). Double-breasted box-pleated tunic—a back and two fronts, left front cut with central box-pleat. Close with pearl buttons and buttonholes (made in under fold of central box-pleat). Large vandyked collar edged with braid. One-piece sleeve, with vandyked cuff. For a boy of three-four years, 36-inch linen, 2½ yards. For patterns of linen, send to Robinson and Cleaver, Belfast.
Page 17.

Boy's Summer Overcoat.

No. 6051, A back and two double-breasted fronts of putty coating. Face fronts with the coating. Pearl buttons. Buttonholes are made in left facing. Reefer collar faced with the coating. Two-piece sleeve stitched at wrist. Line with silk or Italian cloth cut on coat pattern but seamed apart, the edges slipstitched to the stitched coat edges and front facings. 42-48-inch material, for a boy of eleven years, 3½ yards. Coat is loose and has large pocket flaps. For patterns of excellent summer coatings send to Messrs. Nicholson's, St. Paul's Churchyard, E.C.
Page 17.

Dainty Lawn Frock.

No 6052, A full umbrella skirt, trimmed with a row of insertion. This is gathered into a 3-piece lining. On this arrange the tucked bodice (tucks wheelmarked), which fastens at back under a strip of insertion. Blouse is arranged into a lawn yoke striped with insertion. Puff sleeve, held with an elastic runner, edged with a frill of embroidery like that edging yoke. 29-30-inch lawn, for a girl of six, 4 yards.
Page 17.

Girl's Empire Frock.

No. 6053, For good cashmere or pale blue foulard. A full five-gore skirt, arranged with a three-piece Empire bodice lining draped with the material. Collar of white muslin, decorated with lace appliqué. Vest and band collar of muslin, tucked to flat pattern. Full sleeve on a smaller lining, with cuff of lace-decked muslin. Ribbon belt. 46-inch cashmere for a girl of ten, 4 yards.
Page 17.

Girl's School Frock.

No. 6054, Five-gore skirt of fine serge. Skirt is unlined, and is hung on a 3-piece bodice lining. Tucked blouse, with smart tabbed collar. One-piece sleeve, tucked to fit wrist. Tucks of wrist and front are wheelmarked. Silk vest is tucked to flat pattern. 42-45-inch material, a girl of six, 3 yards.
Page 17.

For description of No. 6055, see page 29.

Corselet Skirt and Bolero of Fine Black Face Cloth.

No. 6056, The pattern of skirt is in five pieces: half the back (cut with inverted box-pleat, wheelmarked upon it), three sides, half the front. The seams are piped. The skirt should be lined only so far as the hip (where the bones are), and should be worn over a smart foundation skirt. For patterns of black face cloth send to Best's Dress Goods Co., Bradford. The skirt is quite untrimmed but for piping at the seams and corselet top. Lay the pattern on 7 yards 54-inch face cloth. Should serge or tweed be used—these are reversible, so that the gores can be economically interlaced—6 yards will be ample. Part of the bolero coat (all but the sleeves) comes out of the waste. The material is folded in half (selvedges meeting), the front centre of front pattern laid along the fold, so that front is cut in one piece, the other pieces being cut in duplicate. The half-breadth not being wide enough for the back, added corners must be seamed on at selvedges. Line the corselet part. Tack together the nine gores according to notches, arrange the pleat, try on. Stitch and press the seams. Pipe the top of the corselet. Bone with great care. The skirt closes with De Long hooks and bars. Put on the false hem, felling it invisibly, or sewing with one or two rows of machine stitching. Bolero has a back and two fronts cut with wide revers. Face revers with cloth decorated with lace or passementerie. Silver buttons. The turnover collar is faced like revers. One-piece puff on a smaller lining with stiffened cuff. Allow 1½ yards extra for the bolero. This gown looks excellent in black bengaline.
Page 18.

No. 6075 No. 6077

No. 6076

SMART STRAPPED UMBRELLA SKIRTS.

For Description see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Empire Dinner-Gown of Lewis's Wonderful Velveteen.

No. 5057, Two-piece umbrella skirt, each piece made up by seaming breadths of velveteen up the selvedges. This is arranged into a three-piece velveteen bodice (closing at back), embroidered with gold thread and gold sequins. A worked belt of velveteen is decorated with a gilt buckle. Transparent one-piece lace yoke, scalloped and worked at the neck, closing at shoulder. A satin sleeve lining holds the velveteen puff, slashed with lace. Long fitted transparent lace sleeve. 24-inch velveteen, 14 yards. For patterns, send to Lewis's, in Market Street, Manchester.
Page 19.

Empire Ball Gown.

No. 6058, The silk lining is a fitted princess dress, cut in nine gores, with three-piece front. The edge is trimmed with a silk ruche. Over-dress of printed muslin, in seven gores. The edge cut in teeth points weighted with a very small bead passementerie. Three-piece Empire bodice of Irish lace, with velvet bow and berthe of silk muslin. Short puff sleeve of the muslin, with double lace frill and lace cuff. 44-46-inch muslin, 8 yards.
Page 19.

A Princess Dinner Gown.

No. 6059, This charming model looks well in "Wonderful" velveteen, satin, bengaline, or elastic face cloth. Line to hip only. Two backs, four sides, two front sides, a centre panel of cloth cut away in front and filled in with a vest of lace over silk. Lace the gown at back. Pretty frill berthe of lace and chiffon. Wear over a foundation skirt of silk or moirette, edged with two cross cut frills. One-piece sleeve arranged in two puffs on a smaller lining edged with lace frills. 52-inch material, 7 yards.
Page 19.

A Princess Ball or Dinner Gown.

No. 6060, It looks beautiful in white cloth or double-width satin, or in mauve velveteen. Line to hip only. Two backs, four sides, a 3-piece front of velveteen. Wear over a
Page 22.

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foundation skirt of silk or moirette edged with two pleated frills. Berthe of ribbon-hemmed net forming a deep frill in front, with drapery round the neck and over the shoulders of net or chiffon. A frill of the net forms a sleeve hanging from a net armlet. 24-inch velveteen, 14 yards. For patterns of lovely "Wonderful" Velveteen (2s. the yard), send to Lewis's, Market Street, Manchester.

A Lovely Princess Dress and Bolero.

No. 6061, Princess dress cut in lining and **Page 24.** B.B. face cloth—two backs, four sides, a 3-piece front. Lining reaches only to hip (as far as the bones), and the gown is worn over a separate foundation skirt. Close on left of centre panel, which is crossed with lined straps of velvet. Invisible hem, felled from back. Bone with care after tacking, fitting, seaming. Drape with a bolero back and two fronts of the skirt material, trimmed with velvet and silk lined. Added revers faced with velvet-edged cloth. Turn-over collar faced with velvet. Band collar of lace to the vest. One-piece sleeve on a smaller lining, with cuff of velvet-trimmed cloth. Metal buttons. 52-inch cloth, 9 yards. For patterns send to Best's Dress Goods Co., Bradford. If this paper is mentioned carriage of patterns will be paid both ways.

Charming Gown of Embroidered Lawn.

No. 6062, Foundation skirt of plain lawn, **Page 24.** decorated with two gathered flounces of embroidered lawn. Five-gore over-skirt of embroidered lawn, embroidered at the edge or edged with a band of flouncing. Lawn blouse to match skirt. A tucked back and two tucked fronts of lawn (tucks wheelmarked on the pattern), arranged into an American yoke (cut with centre panel) of embroidered lawn. Collar of embroidered lawn. Valenciennes edges the panel and yoke of blouse. Draped elbow sleeve gathered on a smaller lining, with cuffs of embroidery. 36-inch lawn, 14 yards.

Frock of Floral White Foulard.

No. 6063, Seven-gore full skirt, decorated **Page 27.** with foulard frills and lace insertion. Wear over a five-gore foundation skirt. Cut a bodice lining with three-piece front, to close on left of centre panel. Tack, fit, seam, bone, leaving only side and shoulder seams. Drape with a vest of white chiffon, embroidered and tucked to flat pattern. Veil the rest with a back and two crossed fronts. Finish seams. Collar of the lace edged with frills of silk or Valenciennes. Draped chiffon band collar, mounted on small bones. Draped elbow sleeve on a smaller lining, with lace cuff edged with the little frills. 21-inch material, 18 yards. For patterns of the new foulard send to the Holborn Silk Market, Holborn Bars, E.C.

A Tucked Gown of Fine Voile.

No. 6064, Five-gore full skirt, tucked to flat **Page 24.** pattern and decorated with coarse lace. Make quite apart from the five-gore foundation skirt, which is edged with a shaped flounce (lined with lino to give firmness). Cut a bodice lining with three-piece front, to close on left of centre panel. Tack, fit, seam, bone, leaving only shoulder seams. Drape with tucked net vest (with band collar to match, tucked to flat pattern). Veil the rest with a back and two tucked fronts (tucks wheelmarked), draped with rosettes. Finish seams. Belt of velvet mounted on bones. Edge fronts with lace. Sleeves of the voile, puffed on a smaller lining, edged with lace frills. 44-inch material, 7 yards.

A Draped Princess Dress.

No. 6065, A nine-gore princess dress (to hip) **Page 25.** in silk lining (closing on left of front centre), veiled with a broad fichu of coarse lace (edged with Valenciennes frills), and a tucked panel back and front (tucked to flat pattern) of chiffon. Tucked chiffon collar (tucked to flat pattern). The over-dress has two backs, six sides, a draped front panel, and a small added draped left front of voile. Lower edge is tucked to flat pattern. Wear over a five-gore foundation skirt. Ruffled sleeve of the material, arranged on a lining, trimmed with Valenciennes frills. Excellent model for fine French cashmere, silk voile, fine face cloth, &c. 48-52-inch material, 8 yards.

A Linen Coat and Skirt.

No. 6066, Five-gore skirt tucked to flat pat- **Page 25.** tern or trimmed with added tucks (doubled bias bands). Smart coat—a tucked back (cut with basque), two tucked fronts cut with basque, and six added short sides. Tucks are wheelmarked on pattern. Fronts are faced with linen, and there is no lining. One-piece (faced) collar. One-piece sleeve, gathered into a faced cuff. 36-inch linen, 13 yards. For beautiful Irish linens, send to Robinson and Cleaver, Belfast.

Smart Gown of Chequered Lawn.

No. 6067, For patterns of the material send **Page 25.** to Messrs. Nicholson, St. Paul's Churchyard. Five-gore foundation skirt of lining silk, silk moirette or batiste, edged with a pleated flounce. Overskirt (seven breadths) of the lawn cut on the cross (breadths eked out with added corners, the stripes made to meet, made quite apart, gathered into the waist. Tuck to flat pattern, and trim with lace insertion to simulate an added flounce. Edge with a lace-trimmed cross-cut frill. Cut a bodice lining; back, four sides, a three-piece front to hook on left of centre panel. Tack, fit, seam, leaving only the side and shoulder seams. Cover front top with tucked muslin (tucked to flat pattern) and lace. Veil with back and two draped crossed fronts of the lawn. Finish the seams. One-piece sleeve of the lawn on a smaller lining, with lace-edged muslin cuff. 29-inch material, 16 yards. Velvet belt.

Gown of Embroidered House Flannel or Linen.

No. 6068, A seven-gore skirt embroidered in **Page 25.** crewel silk in mere outline work. Cut a bodice lining in batiste: back, four sides, three-piece front to close on left. Tucked vest of muslin (tucked to flat pattern). Veil with back and two fronts of the material. Embroidered fichu collar. Elbow sleeve on a smaller lining with embroidered cuff. 36-inch material, 11 yards. For patterns send to Robinson and Cleaver, Belfast.

Visiting Gown of Silk Voile.

No. 6069a, Five-gore full skirt of silk voile **Page 27.** tucked to flat pattern. Make quite apart from the five-gore foundation skirt, which is edged with a shaped flounce (lined with lino to give firmness). Cut a bodice lining with three-piece front, to close on left of centre panel. Tack, fit, seam, bone, leaving only side and shoulder seams. Drape with a tucked vest of voile, with a back and two draped gathered fronts of the silk voile. Finish seams. 46-48-inch voile, 8 yards. Lace collar. One-piece sleeve with lace cuff.

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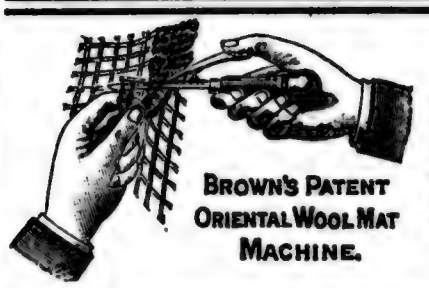

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Corselet Skirt and Blouse of Voile.

No. 6069b, Page 27. Nine-gore corselet skirt, skirt edge tucked to flat pattern and decorated with lace. The top is tucked to fit waist on fitted corselet lining. The voile blouse is made up on a silk lining and fastens down back. The front panel of lace is cut in one with front yoke. Trim with velvet ribbon and lace frills. 45-inch voile, 9 yards.

Summer Gown of Silk and Wool Æolienne.

No. 6069c, Page 27. A full five-gore skirt, trimmed with ribbon ruches, is worn over a five-gore foundation skirt. The full bodice, made up on a silk lining, has a vest of tucked silk muslin veiled with light lace (turned back with guipure). The collar of feather-stitched silk is decked with silk or ribbon ruches. The puff sleeve, arranged on a silk lining, is trimmed with ruches and frills. High belt of silk. 46-inch material, 8 yards. For Æolienne send to Best's Dress Goods Company, Bradford.

Tailor Skirt Pleated in Groups. Capital Model for White Serge.

No. 6072, Page 30. The pattern is in four pieces—half the pleated front, two pleated sides, one pleated back. Pleats are wheelmarked on pattern; they can be stitched down or tacked inside. Lay the pattern pieces on 5½ yards of 44-48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and backs. Where required added corners are seamed up the selvedges. These are concealed in folds. Arrange the pleats. Try on. Then stitch and press the seams, and stitch down pleats. Hem the lower edge. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). For white serges send to Lutas Leathley, Summer Department, 40, Armley, Leeds.

Two-piece Umbrella Skirt.

Nos. 6076 and 6077, Page 32. This skirt, in two pieces, seamed back and front (opening at back), can be trimmed with silk braid or velvet ribbon (like No. 6077), or with straps of braid or the material held by metal buttons (No. 6076). The skirt can be lined or worn over a foundation skirt. Quantity of 52-48-inch material required, 4 yards.

A Pleated Tailor Gown.

No. 6078, Page 38. Smart style for the elegant new tweeds. (Send to Messrs. Nicholson's, St. Paul's Churchyard, E.C., for patterns.) The skirt is very original. The pleats are cut in one with the flounce (wheelmarked on pattern), which is cut in six breadths, the seams hidden in the pleats. The rest of the skirt consists of the rounded panels, which join the pleated portion, with lapped seams. Wear over the five-gore foundation skirt. Smart bolero to match, alternately plain and pleated (pleats wheelmarked on pattern). It is double-breasted, and closes on the left with velvet buttons. Line with thin silk, pleated up with the material. Collar of the tweed, with slipstitched facing of velvet. One-piece sleeve on a smaller lining, with double cuff of tweed or velvet like the collar. Lace sleeve frill.

Pretty Gown of Printed Cotton.

No. 6080, Page 44. Messrs. Nicholson's, St. Paul's Churchyard, E.C., have lovely printed mercerised cottons from 6¾d. the yard. Patterns should be sent for. Seven-gore skirt strapped at the edge with the same cotton, the waist slightly gathered to fit. Cut a bodice lining with back, four sides, three-piece front, to close on left of centre panel. Tack, fit, seam, leaving side and shoulder seams. Drape with a full vest of white muslin, with a back and two draped fronts of the cotton. Finish seams. Muslin collar. Collar and vest could be detachable for extra washing. Tie drapery of velvet ribbon. Velvet belt supported on bones. Puff sleeve of the cotton on a lining, with small frill of the same held by a velvet strap. 30-inch material, 12 yards.

Madame Myra charges stock prices for children's garments only for ages quoted. Other sizes cost double, being specially cut.

Back Views of the Free Patterns.

A Foulard Summer Gown.

No. 6079, Page 43. Two-piece umbrella skirt made up of breadth seamed up the selvedges (pattern meeting). Looks also very well in printed mercerised cottons. Tuck to flat pattern and wear over a separate foundation skirt. Cut a bodice lining—back, four sides, three-piece front, to close on left of centre panel. Tack, fit, seam, leaving side and shoulder seams. Veil with a vest (with collar) of plain foulard or silk muslin, tucked to flat pattern, with a back and two draped fronts of foulard. Finish seams. Large collar made up of silk broderie anglaise, joined by faggott stitch. Tie of soft silk. Puff sleeve on a smaller lining, of the foulard, with broderie frill. Lower sleeve of the muslin, tucked to flat pattern. 21-24-inch foulard, 16 yards. For charming foulards send to the Holborn Silk Market, Holborn Bars, E.C.

PURE HAIR SOAP.

To get a really good shampooing soap is no easy matter. So few soaps are specially and solely prepared for the hair, and yet, as it is acknowledged that it is necessary to make special soaps for the hands or face, so also it is necessary to use only a specially prepared soap for the hair.

"Pure Hair Soap" is an excellent shampooing agent, and is prepared in two varieties, to suit dry and moist scalps, either with or without scent. This soap is made up in tablets, which are pear shaped, slightly flattened on two sides, with a device embossed on either side. Another feature is the pear-shaped celluloid box in which the tablet is contained. This box is hinged, and has a catch so that the lid will not come off, and therefore the soap may be safely carried in one's travelling bag. The price is 2s. 6d. per box, and it is supplied either by chemists or stores, or direct from the sole manufacturers, The Pure Hair Soap Company, Farringdon Yard, Farringdon St., London, E.C.

PURE HAIR SOAP

"Pattern is as usual by you, so well cut."—N. F.

HOLBORN SILK MARKET.

SAMUEL LEWIS & CO., Proprietors.

HOLBORN BARS.

The GREAT CENTRAL MART of LONDON for SILKS.

OUR SPRING SALE

IS NOW PROCEEDING.

Every Department is full of New Spring Goods and Bargains. Our Circular, sent Post Free, gives all Particulars. Special Lines in Coloured Silks and Satins. Thousands of Pieces to Select from.

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Telegrams: "SILKSTOR," LONDON. *Telephone: P.O. CENTRAL, 7166.*

COLOURED SILKS AND SATINS.

RICH ORIENTAL SATINS, WITH CASHMERE BACKS, in Lemon Shade. 80 yards on sale. 44-inch 1/11½, regular price 5/6; also a few Remnants in other Colours at same price.

RICH POPLIN DE SOIE SILKS, VERY FASHIONABLE this Spring. A special parcel on sale in Navy, Electrique, Vieux Rose, Paon, Royal Blue, Cinnamon, &c., 22-inch 1/0½, usually sold at 1/11½.

PEARL GREY ZIBELINE SATINS, RICH FINISH, about 70 yards on sale, 24-inch 9½d., worth 2/3.

SATINS 24 INCHES WIDE, a little lot of 120 yards in various Colours, 24-inch 6½d., worth 1/9.

ORIENTAL SATINS IN ART GREENS, 110 yards on sale, 22-inch 9½d., worth 1/11.

RICH BROCADED SILKS, a lot of our 2/11½, 3/6½, and 3/11½ goods reduced in price to clear, will be on sale at 1/11½.

RICH FLORAL CHENIE RADZIMIR SILKS, very handsome styles in light bright Colours for Spring wear, 44 inches wide, only 2/11½, were 7/6.

FANCY PRINTED SILK CREPES, a Special Line for Evening and Spring wear, 32-inch, 9½d., were 2/3.

FANCY FRENCH LARGE VARIED CHECKED GAUZE SILKS, light and very pretty, for Spring and Summer Wear, 21-inch, 1/-, were 1/11½.

FANCY FLORAL JAPANESE SILKS. We have a stock of 30,000 yards of most lovely goods, the floral designs being beautifully executed in most charming effects for Spring and Summer Wear, widths vary from 22 to 27 inches, and prices are 1/0½, 1/4½, 1/7½, and 1/11½.

SCARLET AND BLACK STRIPED MESSALINE SILKS, the Stripes in all widths, 1,200 yards, 21-inch, sale price 1/2½, were 1/11½.

SHORT PIN SPOT BROCHE LOUISINE SILKS in light Art Hues for the Spring, very pretty, 19-inch, 1/2½, worth double.

BLACK AND WHITE FANCY LOUISINE SILKS, also White Ground with Black, 1,000 yards, 19-inch, 1/2½, very pretty and cheap.

IVORY BROCHE JAPANESE SILKS, in 100 Varied Designs, both small and large. We hold a stock of 10,000 yards, 22 to 24 inches wide. Prices 1/4½, 1/7½, and 1/11½.

FANCY LACE STRIPED MOUSSELINE GAUZE SILKS, Stylish for the Spring, 20-inch, 1/2½.

TUSSORE LACE STRIPED SILKS with Moon spots in Art Colours, 1,200 yards, 20-inch, 1/0½, were 1/9.

REAL SHANTUNG SILKS, wonderful value, 1,500 Dress Pieces on Sale, lengths vary from 15 to 17 yards, 5/11, 6/6, 6/11, 7/6, 7/11, 8/11 per piece.

TUSSORE SILKS WITH SMALL SPOTS AND DIAMOND Squares in Art Colours, good quality and effective, 700 yards on sale, 21-inch 1/0½, were 2/3.

CREAM TAFFETA SILKS WITH SPOT BROCHES of various sizes, 21-inch 1/11½, a special line.

SCOTCH AND FRENCH PLAID SILKS in all the most fashionable Plaidings, 21-inch 1/11½ and 2/6½, and a lot or Twilled Spun Silk Plaids, 22-inch 1/4½.

RICH FRENCH ALL SILK ZIBELINE SATINS in Art Colours, 350 yards on sale, 22-inch 1/4½ and 1/11½, were 3/6 and 4/6.

CREAM CROSSBAR NATTE SILKS, specially cheap, 22-inch, 2/6½.

TAFFETA GLACE SILKS IN ALL NEW SHADES for the Spring, 21-inch 1/7½ and 1/11½, and White, Ivory, and Cream, 20-inch 1/4½, 1/7½; 21-inch, 1/11½ and 2/6½; also a Line in Ivory, special 300 yards, 24-inch 1/7½ and 1/11½.

SHOT MESSALINE SOLELL SILKS, with Pea Spots, in Cardinal, Turquoise, Tangerine, Apple Green, Bright Blue, and Navy, 20-inch, 1/11½, a splendid Line, worth 3/-.

SHEPHERD'S CHECKED LOUISINE SILKS, Pink and White, Madder Red and White, Mauve and White, 20-inch, 1/7½, very pretty, worth 2/6.

FANCY SHOWER SPOT MESSALINE SILKS, in Red and White, Cornflower Blue and White, Brown, Navy, and Pearl Grey, 21-inch, 1/0½, were 1/9.

LOUISINE SILKS, STRIPED IN EQUAL STRIPES, Pink and White, Green and White, Mauve and White, Navy and White, and Black and White, 19-inch, 1/11½, usual price 2/9.

NAGASAKI SILKS, in a fine range of New Spring Colours, 21-inch, 9½d., regular price 1/0½.

JAPANESE SILKS, in 50 New Spring Shades, 24-inch, 1/0½, 27-inch 1/4½, also in White and Cream.

BRITISH WASHING SILKS in White, Cream, Ivory, and every New Light and Art Shades for Spring and Summer wear, 21-inch 1/0½, 1/4½, and 1/9½, also a line in White only at 1/2½.

COLOURED SATIN MERVS, all Silk Goods, in every New Shade, also White and Cream, 21-inch 1/7½ and 1/11½, and 22-inch 2/11½, also a line in White, Pink, Eau de Nil, and Cornflower, 21-inch 1/4½, were 1/11½.

RICH BENGALINE SILKS, 5,000 yards on sale in Shades of Pink, Mauve, Heliotrope, Orange, Maize, Lemon, Apple Green, Eau de Nil, Beige, Royal Blue, Cornflower, Magenta, Cerise, &c., 22-inch 1/11½, regular price 3/11, also another lot in all colours, 22-inch 2/6½, and in Dove and Silver Grey only, 22-inch 3/6½.

TAFFETA CHIFFON SILKS in all the leading New Spring Colours, full ranges, 21-inch 1/11½ and 2/11½, 44-inch, in 40 shades, 3/11½, also Shot ditto, Light Shading, 21-inch, 1/11½ and 2/11½.

RICH BLACK SATINS with Coloured Brocades, a lot of very Handsome Goods, 7,000 yards to select from, 21 and 22 inches, prices 2/6½, 2/11½, 3/6½, 3/11½, 4/6½, 4/11½, 5/6½, 5/11, and 6/11.

RICH FRENCH BROCADED SILKS, a Large Stock of most beautiful goods in every possible design and shade of colour. We have a stock of 5,000 yards to select from, prices 3/11½, 4/6½, 4/11½, 5/6, 5/11½, and 6/11, quite half their usual prices.

WHITE AND CREAM BROCHE SILKS for Bridal and Evening Wear. We have a very fine show of Handsome Styles, our Stock of these Goods is unequalled for variety. All Silk Goods, 21 and 22-inch 1/11½, 2/6½, 2/11½, 3/6½, 3/11½, 4/6½, 4/11½, 5/11½, and 6/11½.

WHITE AND CREAM ALL SILK RICH DUCHESSE Satins for Bridal and Evening Wear, we give the best possible value and stock every quality, 22-inch 3/11½, 4/6½, 4/11½, and 5/11½; 23-inch 6/11, 7/11, and 8/11; 24-inch, 10/11.

WHITE AND IVORY JAPANESE SILKS, these fashionable Silks we stock at the following prices, which are the best value possible, 20-inch 6½d. and 8½d.; 23-inch, 10½d., 1/0½, 1/4½, 1/7½, and 1/11½; 27-inch 1/0½, 1/2½, 1/4½, 1/7½, 1/11½, 2/3, and 2/6½; 36-inch 1/0½, 1/2½, 1/4½, 1/7½, 1/11½, 2/3, 2/6½, 2/11½, and 3/11½.

WHITE AND CREAM JAPANESE ARMURE SILK, 23-inch 1/11½, a heavy plain make, Solid Silk, 23-inch 2/11½.

WHITE AND IVORY TWILLED JAPANESE SILKS, in great demand for ladies' underwear, 23-inch 1/4½ and 1/7½; 27-inch 1/11½; 36-inch 2/6½, 2/11½, and 3/6½.

SHANTUNG SILKS, very fashionable again this Season, 18-inch 8½d., 9½d., and 10½d.; 25-inch 1/0½, 1/4½; 28-inch 1/7½; 33-inch 1/11½.

THE HONAN TUSSORE SILK, a light bright finish, 26-inch 1/11½.

INDIAN TUSSORE SILKS, 33-inch 1/11½.

TUSSORE DRESS PIECES, in pieces of about 9 square yards, 16/11 each, very cheap.

CREPE DE CHINE SILKS, best British makes, in White, Cream, and all the New Spring Colours, 20-inch 1/4½; 40-inch 2/11½; 44-inch 3/11½; 45-inch, a very special purchase of 4,500 yards in 80 shades of colour, 4/6½, usual price 5/11.

FRENCH CREPE DE CHINE SILKS, 44-inch, in White, Cream, and all Leading Colours, finely woven, 2/11½ and 3/11½, 45-inch Crêpe de Lyon, a beautiful make in White and Cream only, 4/11½, usually 6/11.

CREPE DE CHINE SILKS, British make, in White, Coral, Vieux Rose, Maize, and Mauve, 40-inch 1/11½, worth 3/-.

FANCY STEEL GREY AND WHITE SHADE Pin-Checked Taffeta Silks, 20-inch 2/3, usual price 3/-.

TUSSORE ETOILE SILKS, 19-inch, bright finish, 1/4½.

WHITE TUCKED JAPANESE SILKS, with Valenciennes Lace and Insertion, 22-inch 1/11½.

WHITE AND IVORY JAPANESE SILK FLOUNCING, 30-inch, with three Hemstitch Tucks, two are ¾-inch deep and one 2-inch, 1/11½, worth 2/11; also 30-inch, with Vandyke Silk Embroidery, 2/6½; 33-inch, with 1½-inch Silk Guipure Work Insertion, and two rows ½-inch each, 2/6½; also 40-inch, with Deep Flounce, edged with Valenciennes Lace, and smocked at top, and 1-inch Valenciennes Lace Insertion, interspersed with three rows Silk Stitching, 3/6½.

BLACK SILKS AND SATINS.

We hold one of the very finest stocks of all classes of Black Silks and Satins of any Mart in London. We make it a speciality to stock the makes which can be best recommended for wear, and give our Customers at all times the soundest possible value at very keen, close prices.

BLACK TAFFETA CHIFFON SILKS, one of the most fashionable Silks of the Season; these we stock, and give splendid value at following prices, 21-inch 1/11½ and 2/3½; 22-inch, 2/6½ and 2/11½; those at 2/3½ and 2/6½ are guaranteed to wear by the manufacturers, and are so marked on the selvedge; 42 and 43-inch, 3/11½, 4/6½, 4/11½, and 5/11.

BLACK BRIGHT TAFFETA GLACE SILKS, wonderful value, 20-inch 1/0½, 21-inch 1/4½, 22-inch 1/7½, 1/9½, and 1/11½, 23-inch 2/6½, 25-inch 2/11½; also special lines, 27-inch 1/11½, 36-inch 2/11½.

BLACK GROS GRAIN SILKS, excellent lines at following prices, 22-inch 1/11½, 2/6½, 2/11½, 3/6½, 3/11½, and 24-inch 4/6½.

BLACK BRITISH GROS GRAIN, a firm, strongly-made made for foundations, 24-inch 1/7½.

BLACK FROU-FROU for Foundations, 20-inch 1/0½ and 1/4½.

BLACK PEAU DE SOIE SILKS. We have made special Purchases for this Sale, and we give the best possible value, 21-inch 1/11½ and 2/0½; 22-inch, 2/11½, 3/6½, 3/11½, 4/6½, 4/11½, and 5/11; 32-inch, 4/11½ and 5/11.

BLACK BENGALINE POPLIN SILKS, special lines stocked, 21-inch 1/11½ and 2/6½, 22-inch 2/11½, 3/6½, 3/11½, 4/6½, and 4/11½; 32-inch, 3/11½.

BLACK LUSTRINE SILKS, for slip skirts, or foundations, 23-inch 1/0½, 24-inch 1/4½, 1/7½, and 1/11½.

BLACK FAILLE FRANCAISE. All Silk Goods and nice soft bright finish, Extra Good Value, 20½-inch 1/1½, 21-inch 2/6½, 22-inch 2/11½, 3/6½, 3/11½, 4/6½, and 4/11½.

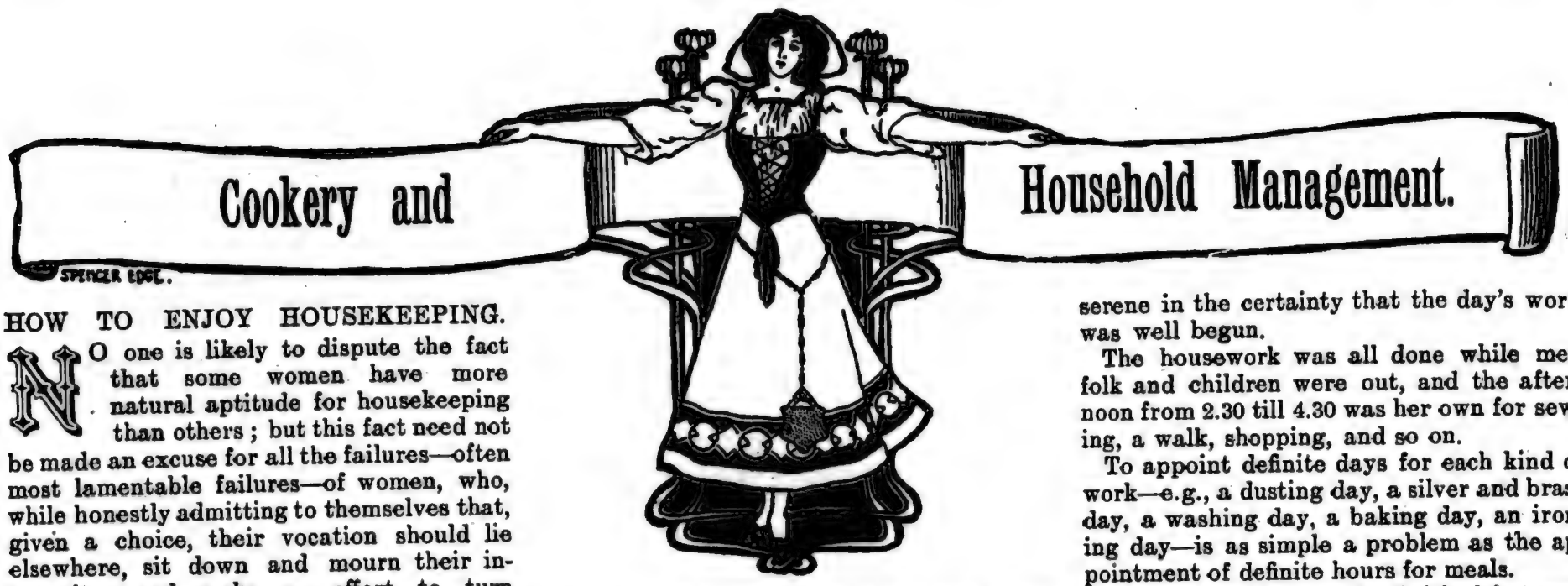
BLACK LOUISINE SILKS, these very fashionable Silks, we have wonderfully cheap lines on Sale, 19-inch 9½d., 20-inch 1/2½ and 1/4½, 21-inch 1/7½, 1/11½, and 2/6½, 22-inch 2/6½ and 2/11½.

BLACK MOIRE FRANCAISE SILKS, 22-inch, 1/11½, 2/6½, 3/6½, and 3/11½; the New Style of Watered Miroire Silk, very pretty, 22-inch, 2/11½.

BLACK MOIRE VELOURS, splendid lines, 20-inch 1/4½, 21-inch 1/11½ and 2/6½, 22-inch 2/11½ and 3/6½; a cheap line, 32-inch, 1/11½.

PATTERNS POST FREE.

SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10, and 11, HOLBORN BARS, E.C.



HOW TO ENJOY HOUSEKEEPING.

NO one is likely to dispute the fact that some women have more natural aptitude for housekeeping than others; but this fact need not be made an excuse for all the failures—often most lamentable failures—of women, who, while honestly admitting to themselves that, given a choice, their vocation should lie elsewhere, sit down and mourn their incapacity, and make no effort to turn domestic failure into success.

A right reverend prelate not very long ago was courageous enough to say that he had "not a shadow of a doubt" (I quote from a newspaper report of his speech) "that there is hardly a country—indeed, no country—where more cooked food is wasted than in England through want of skill in preparing it readily and making the most of it."

Without entering into comparisons, which from our youth up we have been taught to consider odious, and therefore without pitting British housekeeping against that of any other more, or less, favoured land, I will make an equally strong statement, which I feel sure no one will contradict, as to housekeeping and housekeepers in general.

I am quite sure that more women are worn out, body and mind, in the weary monotony of household tasks and responsibilities, more nervous systems are wrecked, and more homes are made unhappy, uncomfortable, and unrestful through want of skill in management, and want of forethought and intelligence in planning, than from any other cause or set of causes.

To achieve success in any walk of life it is necessary to have a clear perception of the goal towards which we are striving, and a determination to tread the path which leads up to it with resolute steps.

The goal of the housekeeper is, or ought to be, to provide for the needs of the dwellers under her roof, so that they shall have comfort as far as her means allow, and be free alike from the discomforts of had management or of the nervous irritability which so often mars all which she has so toiled in the making.

The path up which nine out of ten housewives so patiently climb includes for most of them no rest or recreation, no fresh air or exercise, and no mental relaxation, but a daily, hourly buffeting with storm and stress, which beat her hither and thither, and from which she sees little or no chance of escaping to shelter.

Household management surely means something better than this. It is quite true that each and every day brings a variation of needs, so that all household plans must, perforce, be of an elastic nature; but the remedy for aimlessness, shiftlessness, overlapping, and kindred evils is just that there shall be a plan.

Obviously no plan can be arbitrarily fitted to every household; but if each housekeeper will but take an hour to consider, and paper and pencil wherewith to write the result of her deliberations, she may confer a boon upon herself which will communicate itself to all around her.

First write down the hours at which the breadwinners, be they husband, sons, or daughters, must depart to and return from their daily labours.

Then the hours at which school children go to and come from school.

Then plan the hours for meals.

These steps naturally include the hours of rising and going to bed, since a certain length of time must be allowed for preparing breakfast and doing the early morning work, and a corresponding time for the evening cleaning up and preparing for the night's rest.

Having planned the day in skeleton as it were, the next process is to fill in the outlines and appoint definite times for definite duties.

Early rising, that most necessary and most generally detested virtue, is an absolute essential. One of the best housekeepers I ever knew rose daily at 5 a.m. She had small means, a large family, and few helpers. She told me that the hour and a half before the rest of the family were astir were worth more to her than all the other hours of the day, and that without them she could not possibly have overtaken all her day's work without degenerating into a domestic drudge pure and simple. *With* them she was able to keep ahead of her work, and to enjoy the society of husband and family when *their* work was done. She lighted the fire (laid overnight) in the dining-room, dusted the room, laid breakfast, prepared the meal, so that it was easily finished afterwards, and then prepared the parlour, which was invariably used every evening (enabling her in winter to allow the dining-room fire to die down after supper, so that the grate could be cleaned and the fire laid before bedtime by the willing servant) for its daily dusting, and saw that the children's school-books and so were ready for them, and then she was free to superintend dressing and breakfast, serene in the certainty that the day's work was well begun.

The housework was all done while men folk and children were out, and the afternoon from 2.30 till 4.30 was her own for sewing, a walk, shopping, and so on.

To appoint definite days for each kind of work—e.g., a dusting day, a silver and brass day, a washing day, a baking day, an ironing day—is as simple a problem as the appointment of definite hours for meals.

A plan of what must be finished between rising and 8 a.m., between breakfast and 1 o'clock, between dinner and teatime, between teatime and bedtime—may be made by any intelligent woman, and if such plans *are* made and kept to many a hitherto overworked woman will be amazed to find that air and exercise, time for sewing and reading, and for enjoying family life, is *not* denied to her, but is not only her right and privilege, but her absolute possession.

If these counsels of perfection be really pondered over the policy of drifting with the daily tide will be a thing of the past, and housewives yet the mistresses of their fate.

LETITIA HOPE.

ANSWERS TO CORRESPONDENTS.

COMPETITION PRIZES.—Will you please write always to the Editor about these? I have *nothing* to do with the sending of the prizes, and have not the slightest idea on what date they are despatched to the winners. That they *are* despatched duly everyone knows; and it is not at all necessary to write and ask for them. *That* I *can* tell you. They arrive in due time, as I know full well from the numerous letters of thanks which reach me. This answer is for two correspondents, who will recognize the pseudonym I give.—Southsea and Darlington.

AN ENERGETIC CANVASSER.—Many thanks, dear lady. I hope your list of new subscribers may increase. It is good of you to "recommend MYRA at every opportunity," after having been a subscriber for many years. Such recommendation is valuable indeed.—Belfast.

SOUP MAIGRE.—You will find this recipe a most successful one, and the soup really delicious. Boil one quart of milk with a piece of butter about an ounce weight, and ½lb each of turnip and carrot and a pinch of salt, until the vegetables are soft. Rub through a sieve and return to the pan to make thoroughly hot. Have a slice or two of stale bread in the bottom of the soup tureen and pour the soup over, a quarter of an hour before dinner. Keep hot and serve. If you wish to be luxurious add cream, more or less as you have it, pouring it over the bread before you pour the soup into the tureen. You may vary this soup by using any other vegetables you like, peas, lentils, celery, onion, and so on. Each one makes a different soup, and all ar good. What a shocking pseudonym!—Sapphira.

A FADED CARPET.—Nothing but dyeing will restore the colour to a sun-faded carpet, and it depends entirely upon the condition of the carpet as to whether that is worth the expense or not. If the "fading" is really that the colours are dull from wear, not sun, sponging it all over with warm water and ammonia brings up what colour remains, and freshens it very considerably. About dyeing, the Perth Dye Works are excellent for all furniture, &c., as well as clothes. Their dyed carpets are really successes, but they were good ones, very little worn. An *old* carpet is *certainly* not worth dyeing.

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

Prize Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Cookery Hints:—

Salettes (tea cakes).—½lb flour, 2oz butter or lard, 2oz of sugar, 1 teaspoonful egg powder, 1 teaspoonful baking powder. Rub the butter into the flour, mix in the other dry ingredients, add a little milk, and stir with a knife until thoroughly mixed. Bake for about 10 minutes in a sharp oven, putting about a teaspoonful of the mixture into patty tins. They must be served hot, and buttered; and they are also very nice, cold, for breakfast cakes.—Miss E. Dora Spanton, Parkfields Cottage, Tittensor, Staffs.

Tomato and Shrimp Savoury.—Cut 6 medium sized tomatoes in halves, scoop out the insides, and fill the cavities with finely shred lettuce. Arrange on a bed of lettuce, cover the whole with freshly shelled shrimps, and sprinkle with grated Parmesan cheese. Just before serving, cover with mayonnaise sauce.—Miss H. M. Douglas, Willow Lodge, Queen's Crescent, Southsea.

A Delicious Method of Cooking Smoked Haddock.—Cook one large smoked haddock in water, then remove the flesh from the bones and cover with three hard-boiled eggs cut in slices. Make a sauce with half pint milk, a tablespoonful of chopped parsley, the juice of a lemon, one egg well beaten, and a large tablespoonful of flour. Add the egg directly after the milk has come a-boil; then the other ingredients, and pour over the fish just before serving.—Mrs. S. Fisher, 72, Oakley Road, Southgate Road, Islington.

Tomatoes and Mushrooms.—Chop up a few mushrooms and fry them in butter with a little finely chopped shalot. Season with pepper and salt, and add two tablespoonsful of fine breadcrumbs and a little finely chopped parsley. Cut the tomatoes in two, scoop out some of the inside, fill with the mushroom mixture, sprinkle brown breadcrumbs over, place a tiny piece of butter on each, and bake them in a buttered tin.—Mrs. Atkinson, Merlewood, Chislehurst, Kent.

RECIPES COMMENDED AND RECOMMENDED.

Quickly Made Brown Bread.—2lbs. wheaten brown flour, 4 teaspoonfuls of baking powder, half a teaspoonnful of salt, half a pint of milk, half a pint of water. Mix well with a knife, but do not stir too briskly. Bake one hour in a quick oven.—Sutton Coldfield.

Kentish Pudding.—1 cupful each of suet, bread crumbs, flour, sugar and jam (without stones), half a teaspoonful each of carbonate of soda and vinegar, half a cupful of milk and 2 eggs (where economy is necessary use only 1 egg). Shred and chop the suet, mix with all the other ingredients, adding the carbonate of soda last. Put into a greased mould or basin and steam 2½ hours. Serve with lemon or sweet sauce.—Rainham.

A French Recipe for Cooking Rabbit.—Have a very clean saucepan, make it hot, put into it a good sized piece of butter, and let it boil. Fry the rabbit (previously washed, dried with a clean cloth, and cut in pieces) until brown, in the boiling butter, taking care it does not burn. Take it out when done, and then fry three onions, sliced in rings, return the rabbit to the pan, season with salt and pepper, and add a few pieces of salt pickled pork, and a very little boiling water. Let it all simmer for 1½ hours, then thicken with a little flour before serving. Stir several times to prevent burning.—St. Ives, Hants.

Apple Batter.—Two eggs, 4 tablespoonsful flour, 1lb apples, a breakfast cup full of milk, a teacupful of water, and a little baking powder. Beat up the eggs, add the other ingredients and the apples, peeled, cored, and cut in slices. Bake, in a piedish, in a moderate oven until it is a pale brown.—N. Kensington.

Apple Cream.—Peel, core, and slice 2lb of cooking apples, put them into an enamelled pan with a cupful of hot water, three tablespoonsful of castor sugar, and the grated rind of a lemon. Stew till tender, rub through a wire sieve, and beat well with an egg whisk, and stir in a tumblerful of whipped cream, coloured with a few drops of carmine. Serve on a glass dish and garnish with chopped almonds or red currant jelly.—Bermondsey.

"Long Life."—This is a wonderful strengthening restorative, especially after influenza or severe illness:—Four new laid eggs, one tumblerful each of powdered sugar and lemon juice, rather more than a tumblerful of best Jamaica rum. Place the eggs, small end downwards, with the sugar and lemon juice, in an earthen jar for four days in a dark place. Cover the jar tightly. At the end of four days, if the shells are dissolved, add the rum, beat well together, and bottle. Dose: One tablespoonful two or three times daily, at rising, 11 a.m., and 3 p.m.—Maida Vale.

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ARE AWARDED FOR THE
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HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

To Rid the House of Cockroaches.—Make a powder of the following ingredients:—1lb flour, 2lb finest plaster of Paris, 3lb of brown sugar. Put this powder in spoonfuls everywhere in the haunts of cockroaches. They will eat it voraciously, and it is a poison to them, although it is not injurious to any other creatures except cockroaches and beetles.—Miss M. C. Hinchliffe, High Street, Clayton West, Huddersfield.

Two Good Hints.—(1) To prevent the iron sticking to starched things allow the starch to cool after it has been made. Then remove the skin which has risen to the top. (2) After frying, if the pan is taken off at once, much labour may be saved by rubbing the stove with one or two sheets of newspaper. This will absorb much of the grease which is unavoidable when frying.—Miss Jelly, High Street, Rainham, Kent.

A Good Embrocation for Sprains, &c.—One teacupful turpentine, two teacupsful vinegar, one egg. Mix these together well and bottle for use.—Miss Carr, The Vicarage, Goole, Yorkshire.

How to Pluck a Fowl in a Hurry.—Soak the fowl thoroughly in a pail of boiling water for two minutes. Then remove it from the water, and the feathers may be plucked off quite easily.—Miss Madeline Dalziel, Rosslyn Villas, Clepington Road, Dundee, N.B.

HOUSEHOLD HINTS COMMENDED AND RECOMMENDED.

Two Hints About Milk.—(1) When milk is to be boiled it is well to rinse the pan out with cold water and put the milk in while the saucepan is still wet. The dampness prevents the milk burning. (2) In boiling milk for coffee bring it just to scalding point, not boiling. It will be quite as good as cream, and will give the coffee a rich golden colour unobtainable in any other way.—Darlington.

A Country Method of Cleaning Carpets.—Damp green leaves will answer the purpose in sweeping carpets much better than tea-leaves. There is less labour, less dust, and less likelihood of leaves being overlooked and left to be trodden into the carpet.—Ringwood, Hants.

A Hint for Amateur Tailors.—To press the seams of a coat, or skirt, of tweed, or any other thick material, so that they lie perfectly flat, and remain so, dip a piece of yellow soap in water, rub this lightly down each side of the seam before it is opened for pressing; then open and press in the usual way with a really hot iron. Each turning will then lie back flat and smooth and firm. The soap should not be made very wet—just moist enough to run easily. The bottom of skirts should be ironed under a very wet cloth, with a very hot iron.—Pontnewydd, Mon.

Some Rough and Ready Cooking Measures.—An ordinary egg weighs 1¾ to 2oz., a duck's egg from 2 to 3oz. Two ounces of unmelted butter equal in size an ordinary egg. Two table spoonfuls of liquid weigh an ounce. Two heaped tablespoonfuls of powdered sugar weigh an ounce. One heaped tablespoonful of granulated sugar weighs an ounce, and two rounded tablespoonfuls of flour weigh an ounce.—Matlock Bath.

A Laundry Wrinkle.—After washing blouses or ribbons, dissolve half a penny packet of tartaric acid in cold water, and rinse the articles well in it. No matter how faded a blouse or ribbon may be, this process restores it wonderfully. If starch is needed, use it after and not before the acid has been used.—Lewes, Sussex.

A correspondent writes: "The book in itself is the greatest help to me, and I am convinced, from my own observation, that Myra's Journal is the most up-to-date, even most advanced, fashion journal published. I frequently find things in it that are a long way in advance of the information contained in the other journals, all of which I purchase regularly. . . . It is never disappointing, as most of the others are."—W. J. P.

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FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before May 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
MAY, 1906.

HOUSEHOLD HINTS.
MAY. 1906.

The Result of the Competition will be published in the July number.

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

EMPLOYMENTS.

OPPORTUNITIES AT THE DOOR.

OPPORTUNITY—golden though it be—is a thing that everyone of us only too often lets slip. It knocks at each person's door at least once in a lifetime we are told; but some are deaf, some are hopeless, some are indifferent, some are timorous, and it is only the few who have all the elements of success in themselves who hear it and eagerly respond to the call. "I am too far from London to do anything" is a constant plaint; "I cannot leave home, so I don't see how I can make money" is another; "I have no training except in helping at home" is yet another; but the great art, when it is imperative to make money, is to turn one's immediate surroundings and opportunities to account.

In these days of cycles and motors no one is really outside the pale of remunerative activity. Every day remote districts get more and more opened up; every day developments take place that afford fresh possibilities for the country dweller, for it is to the country dweller in particular that I address these remarks.

I have spoken of the tea garden before in these columns, and now I speak of it again, for there is many a country house or cottage with nice gardens which could be turned to account by impecunious but energetic girls and women. Of course, if your place is on a big high road with plenty of passing traffic that is of immense assistance; but if not, even a somewhat out-of-the-way spot is frequently visited, especially nowadays when the fashion is to get off the beaten track.

If you decide to try a tea garden, aim at cleanliness and comfort. Have everything simple and good. Home-made jams, cakes, and butter are always appreciated, and such things as tinned tongues and bottled fruits should be kept in the event of anyone requiring a light luncheon. Have a prominent notice-board, not only in the garden, but at any point where it is likely to catch the eye of visitors—such as a railway station or any neighbouring place of interest. An advertisement in the "Cyclists' Touring Club Gazette" (47, Victoria Street, S.W.) would probably be helpful. Remember such ventures need constant attention. They must be regarded as *businesses*—which they are—and not mere experiments to be tried one day and dropped the next. Someone must *always* be on the premises; it must be possible *always* to obtain a meal; and things must *always* be ready and prepared for possible visitors.

With such a scheme as this, it is well to combine such avocations as bee and poultry-keeping. The former is especially to be recommended, as it is a profitable occupation to those who are willing to do the necessary work themselves. Practical lessons in a good apiary are to be recommended, and also the study of such handbooks as "Pleasurable Bee-keeping," by C. Nettleship White, price 2s. 6d., and the "Book of Bee-keeping," by W. B. Webster, at 1s. (the former is published by Edward Arnold, the latter by Upcott Gill). The sale of the honey would no doubt be greatly facilitated by the fact of the tea garden, as there would be many customers ready to hand.

Poultry-keeping is a kindred occupation also, and it is one that is worked best in conjunction with some other agricultural pursuit, such as market-gardening. It is only to be regarded as an adjunct to a

No. 6078. A Pleated Tailor Gown.

For Description see Pages 30 to 34.

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living, not to *make* one. Here, again, the eggs and birds themselves would be especially profitable in a tea garden, either for use or sale; but this is a subject which I hope to discuss more fully in a future paper.

The leaflets issued by the National Poultry Organisation Society (secretary, Mr. Edward Brown, F.L.S., 12, Hanover Square, W.) are of much value to poultry-keepers. Cat and dog breeding and pheasant rearing also come within the scope of the country dweller with grounds and energy, and if there are several sisters the various avocations mentioned may be worked jointly with considerable profit; *but* it means, of course, hard work and unremitting attention. It can be done, however, and instead of swelling the crowd who come up to London seeking for work, and trying to live a life for which their upbringing has not fitted her, the country dweller would do well to put her hand to the plough that is at her door.

FREE REGISTER.

Will correspondents kindly note that notices for re-insertion must either be cut out of this list, or copied on one side of a separate sheet of paper. In every case the Register number must be put at the top left-hand corner.

No. 381.—Costumes complete, or ladies' own materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 408.—Ladies' and children's underlinen made, hand or machine. Fine work. Trousseaux and layettes undertaken. Recommended.

No. 412.—Dressmaker at home or ladies' houses. Recommended. Distance no object.

No. 413.—Dressmaking wanted at ladies' houses. (Forest Gate.)

No. 414.—Blouse specialist. Ladies' own material. Plain styles, 2s. Any design copied. Numerous testimonials.

No. 415.—Experienced dress and mantle maker. Good fit and style. Very moderate charges. Ladies' own materials. (Notting Hill.)

No. 416.—Orders solicited for lace d'oyleys, crochet lace, cross-stitch embroidery. Doll dressing a spécialité. Ladies own materials made up.

No. 417.—Experienced dressmaker would like post as first, or would start business. Must be in a South coast town where there is a likely opening.

No. 418.—Dressmaker—experienced—desires a partnership. No capital. Aged 50.

No. 419.—Wanted, address of a country carpet weaver who makes odd bits of flannel, cloth, &c., into mats or rugs.

No. 420.—Day dresses made, 10s. 6d. Blouses, renovations, according to work required. Highly recommended. (W.C.)

No. 421.—Masseuse for ladies at their own residences. Certificated; references; facial massage.

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No. 424.—Charming hand-painted blouses. Ladies' own materials, 7s. 6d. Specimen on approval. Many testimonials.

ANSWERS TO CORRESPONDENTS.

Dressmaking (E. G.).—Certainly I will put you on my register, but I must ask you and other correspondents to note that notices for the Free Bargains column and list of dressmakers must not be sent to me, only those for the Free Register. The others are separate departments with which I have nothing to do. The busy season is beginning now, and you should be successful in obtaining work, and I will recommend you when opportunity occurs.

Emigration to South Africa (M P.).—I sent you privately the names and addresses of all the societies that would be of use to you. I should like to know if you decide to go. I cannot urge you too strongly not to advertise or answer advertisements. Go out only under the protection of some accredited society, of which I sent you particulars. As you can "turn your hands to anything should occasion arise," and "possess good characters," you should do well.

Asylum Nursing (A. J.).—I sent you full particulars of the steps to be taken to obtain this work, and I should like to know what you do eventually.

Addresses Wanted (Miss Von W.).—You will see the only conditions on which I send a private reply.

(*Continued on page* 46.)

"The evening skirt is working out very nicely."—M. R. E.

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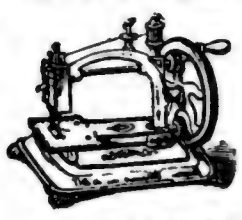

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M. M.—Your friend can ameliorate the scarred condition of her skin by well massaging it twice a day with "Crême Suprême" (2s. 9d., from Mr. Mason, 25, Bank Plain, Norwich), after bathing it well with hot water, and drying with a soft towel. But she can completely hide the blemish by a daily application of a preparation for the purpose called "Filmine" (the complete outfit, a case containing powders, liquid, and brush, is sent post free for 3s. 6d. by the above Mr. Mason), which will conceal any skin blemish by covering it with a thin film the exact tint of the rest of the complexion. This film does not rub off, but forms a thin artificial skin, perfectly harmless, but most invaluable to those who have any serious disfigurement of face or neck. Many thanks for your kind promise to mention MYRA'S JOURNAL to your friends. Your frequent recommendation of it will be much appreciated by us.

SUSIE.—I am very sorry to hear that you have been so poorly with influenza, which seems to have the same effect on the nervous system as malarial fever has, and always leaves the sufferer from it so weak and depressed. The best way to ward off attacks of it in future is to occasionally take a short course of the "Vema" pills, which are made for this purpose by Mr. Mason, 25, Bank Plain, Norwich, as these seem to get the tendency out of the system. He sends a box containing a good supply for 2s. 9d., and these pills keep the complexion in beautiful condition, while they protect us from the infectivity of that miserable influenza. In order to regain your strength now you should add "Plasmon Powder" (9d. a packet at any chemist's) to your food, so that during the day you altogether take a spoonful of it. It is quite tasteless, but a splendid builder-up of strength.

HEAD-MISTRESS.—Medical Officers of Health speak so highly of "Jeyes'" disinfectants that I am sure you will be wise to use them all through your establishment. Besides using the fluid in the usual ways, it is well to have all boarded floors scrubbed with "Jeyes' Disinfectant Soap," which can be supplied to you by the same chemist from whom you say you can obtain "Jeyes' Fluid Disinfectant." Full directions as to proportion of water are given with each bottle and package.

UNTIDY HEAD.—You can keep your hair tidy from morning until night, only dressing it when you make your first morning toilet, if you will cover your whole coiffure with one of those large invisible nets made of pure hair that are sold for 2s. the half-dozen by the Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, S.E. Of course you should send a small piece of your own hair with your order, and then you will get nets that exactly match. As your hair is of chestnut hue, you should pin the net on with tiny bronze Italian pins, hooking up one of the "legs" of each pin. You will find this an excellent "dodge" that will prevent the pins coming out, or the net getting displaced until you undo your hair at night.

EVADNE.—To get your finger-nails into nice condition you should properly manicure them every day, and you need not go to any great expense in order to do this. First wash your hands in warm water, softened and perfumed with a tablet of "Pasta Mack" (1s. a box at every chemist's), then, before drying, sprinkle a few drops of "Beetham's Larola" (1s. at the chemist's) on your hands, and work this whitening milk well into your fingers, not forgetting to give your nails some. Then cut the nails into a good shape, and push back any skin that may be growing at their bases with a little bone nail-presser that you can obtain for 6d. at Mr. Mason's, 25, Bank Plain, Norwich. Finally polish well with a chamois-covered "Nail-Polisher" (2s., at same Mr. Mason's) dipped in "Nail-polishing Powder" that the same Mr. Mason supplies at 1s. a box. The first expenditure is the biggest, because the things last a very long time.

TROUBLE.—(1) The red spots on your forehead all along your hairline there are due to a form of eczema, and if you will rub "Mason's Cream of Sulphur" (2s. 9d. from Mason, 25, Bank Plain, Norwich) well into all the skin so affected every night you will soon see an improvement. You should be most careful not to eat bacon nor any form of shellfish, and you must never drink ale nor stout. (2) Touch that large wart daily with one drop of the above Mr. Mason's "Wart and Mole Caustic" (1s. 2d. post free, from same address) and it will soon go right away, and there will be no mark left on your skin. This treatment is quite painless and very successful.

ESTA.—As your hair is so thin and faded, wash it once in every third week with the yolk of an egg, 1oz of tincture of quillaia saponaria, and a tablespoonful of powdered borax (previously dissolved in two tablespoonfuls of tepid water) beaten up together, and then well beaten up with nearly a quart of hot soft water. Rub this well into the skin of your head, as well as into your hair, and then rinse thoroughly, first in hot soft water and then in tepid. Dry with hot towels, and if possible walk about in your garden with your hair down for an hour before you put it up again. In addition to this outward treatment, take two "Capsuloids" with each of your three meals every day for the next two months. Send 2s. 3d. for a box of these to the Capsuloid Co., Ltd., 47, Holborn Viaduct, London, E.C., tell them you are a reader of MYRA'S JOURNAL, and ask them to give you their interesting little book about the hair and how it grows.

SUTTON READER.—If you live in the Sutton that is near to London I quite know how hard and chalky your water is, and how bad this is for your complexion and your hair. You will be wise to soften all you use for your ablutions and shampoos with "Pasta Mack," which is sold in boxes at 1s. and 2s. 6d. by all chemists. You will find "Pasta Mack Soap" (2s. 6d. a box of three tablets) delightful to use, and it makes such a nice perfumed creamy lather that will really cleanse the skin.

LADY MARY.—Quite the best specific for reducing an over-full bust is the "Reducor Pasta," which can now be obtained for 2s. 9d. from Dr. Horn, 43, Parkwood Road, Bournemouth. This has only to be spread on night and morning, and smoothed in with the hands until the skin has absorbed all that it can for that time. I have had most gratifying testimonials from several of my correspondents as to the good results obtained with this most dainty preparation, so I recommend it to you with all confidence.

MONICA.—As your feet perspire so much and are so tender that walking is a trouble to you, you should well wash them night and morning in hot water in which you have dissolved a little common soda, and give them a liberal lather with "Woolley's Boval Cream Soap," which you can get for 6d. a cake at any chemist's. Sponge off the lather with cold water, dry with a soft towel, and then powder your feet, especially under and between the toes, with "Woolley's Sanitary Rose Powder" (6d. a box), and you will soon find the comfort you will get from this "treatment."

FRANKO.—Instead of the "Sulphur and Treacle" spring medicine that you have hitherto taken and that you so heartily dislike, take two teaspoonfuls of "Eno's Fruit Salt" in half a tumbler of water before your breakfast every morning for the next three weeks. Give up tea and coffee, and take Dr. Tibble's "Vi-cocoa" instead, as you will find this more nourishing.

MONTIE.—To cure the redness of your upper arms, and make the skin white and fine, wash them nightly with warm milk, and then massage them with Dr. Harlan's Beauty Cup, which you can obtain for 2s. 6d. post free from the Highwater Laboratory Co., 1-84, Exchange Buildings, Southwark, London, S.E. You will not have the slightest difficulty in using this if you follow the directions sent with it.

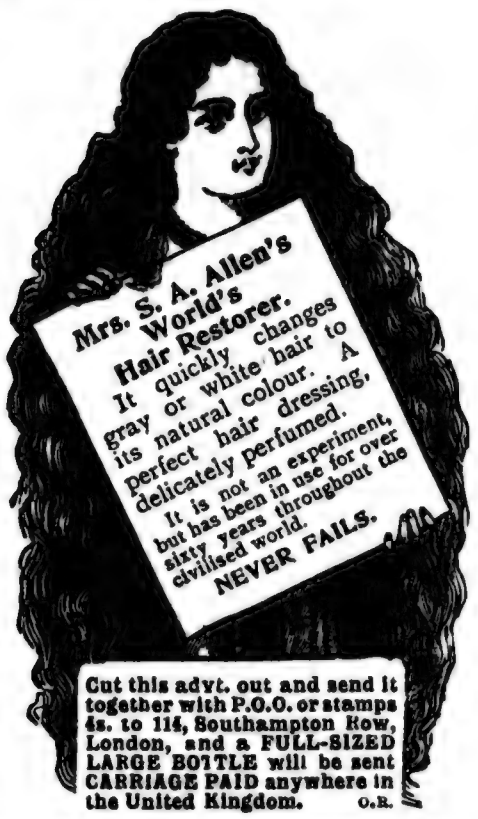
BUSINESS-WOMAN.—To prevent your hair falling out so terribly take a course of Capsuloids (if you send for these direct to The Capsuloid Co., Ltd., 47, Holborn Viaduct, London, E.C., and say you are a reader of MYRA'S JOURNAL, they will enclose you a book, free, that will tell you a great deal about the hair and the treatment it ought to receive), and every night before combing your hair massage the scalp with your finger-tips, keeping them moistened with "Pommade Sedative et Tonique," which is sent for 2s. 3d. post free by Mr. Mason, 25, Bank Plain, Norwich. This massage, besides being good for your hair, will help to cure that miserable neuralgia from which you suffer.

BESSIE.—To whiten your hands and keep the skin like satin you should always, immediately after washing them, pour on them a few drops of "Beetham's Lait Larola" (1s. at every chemist's) and work this well in. Then dry with a soft towel.

LEONIE.—You will find it quite easy to make that pretty coil, yet spare plenty of hair to make that full front dressing that suits you, if you get from The Universal Hair Manufacturing Co., 84, Foxbery Road, Brockley, S.E., a 7s. 6d. tail of hair to exactly match your own, of which you must, of course, send a pattern with your order.

UNCLE SAM.—Certainly, "Brodie's Imperial Hair Dye" will do for a man's hair as well as for a woman's, and I advise you to send for a 2s. 6d. bottle of "No. 2, Dark Brown," to J. Brodie and Co., 41, Museum Street, London.

Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E M Poole.


Mrs. S. A. Allen's
World's
Hair Restorer.
It quickly changes gray or white hair to its natural colour. A perfect hair dressing, delicately perfumed.
It is not an experiment, but has been in use for over sixty years throughout the civilised world.
NEVER FAILS.

Cut this advt. out and send it together with P.O.O. or stamps 4s. to 114, Southampton Row, London, and a FULL-SIZED LARGE BOTTLE will be sent CARRIAGE PAID anywhere in the United Kingdom. O.R.

Plasmon Oats are economical; 1 oz. goes further than 2 ozs. of any other Oats or Oatmeal, and are **entirely free from husk and fibre.**

Plasmon Oats are Best Scotch Oats carefully prepared and combined with a suitable proportion of **Plasmon.**

Plasmon Oats are delicious, nourishing and digestible. and do not give rise to **acidity, indigestion,** &c. They require only **four minutes boiling.**

Plasmon Oats are the best breakfast food for busy people, as well as for growing children. They contain all that is essential to the building up of healthy muscle, nerve, bone, &c.

All Grocers, Chemists & Stores, packets 6d.

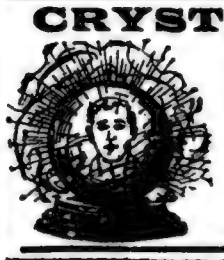
2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S
BEAUTY-CUP MASSAGE
For the Face, Neck, Arms and Body.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)
Address—HIGHWATER LABORATORY Co., 1-84 Exchange Building, Southwark, London.

CRYSTAL GAZING.



Clairvoyance Outfit complete, with Full Instructions.
REDUCED TO HALF PRICE.

5/- Crystals for 2/6	15/- Crystals for 7/6
7/6 ,, ,, 3/9	21/- ,, ,, 10/6
10/6 ,, ,, 5/3	Indian Mirrors 10/6

AGENTS WANTED EVERYWHERE.
Prof. ZAZRA (Dept. 7), 115, Praed Street, London, W.

Stout people Dr. RITTER'S CAPSULES.
The ONLY harmless Cure for
CORPULENCY.
Throws off the burden of Obesity, and adds to comfort and youthful appearance.
2/6, *post free, or 5 Bottles* 10/6, *only of*
DR. HORN, 43, Parkwood Road, Bournemouth.
"Harmless, but efficacious."—Deborah Primrose.

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.
Mrs. C. JAMES, 268, Caledonian Road, London, N.

LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/9.
Mrs. C. JAMES, 253, Caledonian Road, London, N.

ASTROLOGY.

Reliable horoscope of character, marriage, and business. Send Birth-date, 1s. P.O. and stamped envelope to Mdme. Zetella (Box 9), Glen Villa, Cleadon, Sunderland. Your future, changes, &c., given free with above horoscope.

FOR YOUTHFUL APPEARANCE

IMPERIAL HAIR DYES &c

ONE LIQUID.
No. 0...RAVEN BLACK
No. 1...BLACK
No. 2...DARK BROWN
No. 3...LIGHT BROWN
No. 4...GOLDEN BROWN
No. 5...GOLDEN

No. 6...HAIR GROWER.

HARMLESS AND PERFECT.
PERMANENT & ODOURLESS.

2/6, 3/6, 5/- & 10/6
(PRIVATELY PACKED).

J. Brodie & Co., 41, Museum Street, London.

THE
UNIVERSAL HAIR MANUFACTURING CO.
Specialists in all kinds of ORNAMENTAL HAIR WORK

TRANSFORMATIONS made on Fine Lace Foundations, only **30/-**, worth 65/-.
TAILS of Pure Hair, 22 inches long, weighing 2 ozs., **7/6**, worth 15/6.

FRINGE NETS, Largest and Best in London, at **2/-** per half-doz.

This Fashionable and Graceful Fringe, quite the latest, forms a complete Covering for Top and Sides of Head. Only **6/6.**

This Pretty and Stylish Fringe is perfection, being both light and wavy. Only **10/6.**

Ladies should send for our Illustrated and Descriptive Catalogue (Post Free) direct from
THE UNIVERSAL HAIR MANUFACTURING CO.,
84, FOXBERRY ROAD, BROCKLEY, S.E. Telephone No. 513 Deptford.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, May, 1906.

DRESS AND MILLINERY.

Lady has for disposal several COSTUMES, her own and daughter's. Darkest grey coat and skirt, waist, 23; length, 37; 5s. 6d. Pretty, dark, sage green voile dress, tucks, frills, unsoiled; 23, 40, 8s. 6d. Handsome brown cloth bolero costume, lined throughout silk. Small lady or girl, 22, 32; perfect, 12s. 6d. Lovely pale blue voile evening dress; 24, 41; 10s. 6d. Others.—Miss Perrin, Haydock Road, Liscard, Cheshire.

DOLLS DRESSED, trousseaux, layettes, and all underlinen, hand or machine; knitting and crochet every description; golf coats; smocked frocks, blouses; artist's and cooking aprons; chemise tops; dainty bazaar articles; children's pinafores. Approval. M3600

Lovely English PILLOW-LACE EDGING, 7d. per yard; TURNOVER COLLARS, 1s. 2d.; FICHUS, 3s. 11d.; SETS, 3s. 9d. Approval.—Miss Kent-Johnson, Sharnbrook, Beds.

Never worn, cream WASHING SMOCK, child two, 5s. 6d. Ditto, child three, 6s. 6d. M3603

Navy GOLF COAT, cost 16s., nearly new, exchange crochet insertion to value, 11s. M3602

MILLINERY, DRESSES, EVENING GOWNS, RENOVATORS. Will call at ladies' houses upon receiving postcard.—Towers, 27, Plane Street, Blackburn.

CROCHET DOYLEYS, TRAYCLOTHS, CHEMISE TOPS, and PINAFORE YOKE; cheap: approval.—Miss H. Cass, 19, Albion Place, Maidstone.

Esme's, 58, Earl's Court Road.—Paris GOWNS from 3 guineas; specialité; foreign orders.

MILLINERY LESSONS; personal instruction; prospectus free.—57, Upper Gloucester Place, Dorset Square, W.

DRESSMAKER, daily renovations, evening gowns speciality.—Goddard, 28, Turneville Road, West Kensington.

Charity.—Hand-knit fancy top STOCKINGS, SOCKS, BEDROOM SLIPPERS, to order. M3597

JAPANESE COSTUME for sale, 6s.—Miss René, 3, Cowley Road, Leytonstone.

Real hand-made LACE YOKES, suitable for blouses, price 3s. 6d. M3598

NEEDLEWORK, DRESSMAKERS, &c.

A lady wishes to recommend a DRESSMAKER to make up ladies' own materials.—Address, Miss Ambler, 85, Westbourne Park Villas, Royal Oak.

Madame Léonie, French Dressmaker, 48, Lancaster Road, W. Ladies' materials. SHIRT BLOUSES, 5s.; TRIMMED BLOUSES, from 8s. 6d.; COSTUMES, 18s. 6d.; EVENING GOWNS, 21s.; BODICE, COAT, PATTERNS CUT MEASURE, 1s.

DRESSMAKER, daily. Blouses, dresses, mantles, renovations.—Bates, 70, Grosvenor Road, S. Belgravia, S.W.

SERVANTS' DRESSES made to measure: print, 6s. 6d.; cashmere lined, 13s. 6d.; postage paid. M3601

Millicent Wright, 45, Artisian Road, Westbourne Grove. Ladies' materials, moderate.

Dainty BLOUSES made for girls from 1s.; ladies', 1s. 6d. Stylish costumes, dresses, frocks, &c.—97, Lavender Hill, S.W.

Mdlle. Jeanne, 77, Claverton Street, London. Clever milliner, renovator; marabout stoles renovated.

THE PARISIAN RENOVATING HAT and DRESS COMPANY, 77, Claverton Street, London. Smart gowns from £3 3s. Ladies' materials made up. Hats renovated, trimmed from 2s.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list, measurement form, and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

Smart BLOUSES to measure, any style, 5s.; send for patterns of material.—Mrs. Brown, 2, West Marland Terrace, Southampton.

LADIES; chance of season. Madam Roland, 5, Little Sussex Place, Gloucester Square, W., undertakes ladies materials from 12s. 6d.

JEWELLERY.

Nine-carat GOLD RING (stamped): set three rubies, four real diamond chips, 8s. M3582

Two 18-carat GOLD-CASED RINGS, with lustrous stones, 2s. 6d. the two. Approval. M3586

Lady's handsome 18-carat GOLD PATTERN (stamped) RING, lustrous stones, 1s., post free. M3587

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Miss Foy, 2, Sunnyhill Road, Streatham, S.W., exchanges 4d. JEWELLED ACTRESS CARDS. Also 2d. ones and 3d. coloured.

23 different PICTURE POSTCARDS, 1s., post free; money returned if not satisfactory. M3594

STAMPS.—50, all different, 6d., post free.—B., 29, Montague Road, Portsmouth.

BRITISH COLONIAL STAMPS, 270, all different, hinged in brown album, 10s.; bargain. M3592

HOUSES, APARTMENTS, BOARD, &c.

DETACHED FREEHOLD HOUSE, wanted to purchase, containing drawing, dining, about four bedrooms, bathroom, &c., and good size garden, south of the Thames, and within 12 miles of London preferred.—Write, giving full particulars, to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

MISCELLANEOUS.

Home made PEPPERMINT CREAMS, 3d. dozen. COCOA-NUT ICE, 2d. bar.—16, Orchard Road, Eastbourne.

ELOINE LOTION. — Unsurpassed for purifying and beautifying the complexion. Invaluable for sensitive skins. 1s. per bottle, post free. "Masseuse," 32, New Fillebrook Road, Leytonstone.

HOSPITAL MASSEUSE attends patients at their residence, facial massage speciality, fees moderate.—"Masseuse," 32, New Fillebrook Road, Leytonstone.

Wanted, thoroughly SUPERIOR GIRL as HOUSE PARLOURMAID for two ladies; must be tall and of good appearance, bright, and willing; comfortable home; country; £18, all found.—Miss Warde, The Croft, West Farleigh, Kent.

Beautiful SLIPPERS made to order, hand-knitted, 4s. 6d.; postage 3d.—A. Linstead, 1, Cranworth Gardens, Brixton, S.W.

LADY'S BICYCLE for sale, perfectly sound condition, cost sixteen guineas, take £4 4s. M3589

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. MAY, 1906.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

L. C. Andrews, 31, Comwood Street, Highbury, N.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss Bullivant, 21, Firth Park Avenue, Pitsmoor, Sheffield
Miss Carroll, 12, Upper Market Street, Hove.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Miss Coward, 82, Camden Road, N.W.
Ellen Cowell, 3, Portsea Place, Connaught Square, W.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction.
Mrs. R. Dolling, 40, Shirland Road, Paddington, W.
Mrs. England, 440, Edgware Road, W.
Mrs. Goddard, 28, Turneville Road, West Kensington.
Miss Graham, 5, Blandford Street, Baker Street, W.
Madame Léonie, 48, Lancaster Road, North Kensington, W.
Madame Lili, 21, Martaban Road, Manor Road, N.
Miss M. May, 50, Algar Road, Isleworth.
Miss Pearl, 14, Bruce Road, South Norwood.
Misses Roberts and Selfe, 28, Hermitage Road, Finsbury Park, N.
Miss Robinson, 15, St. Thomas Road, Finsbury Park, N.
Miss Saward, 14, Quadrant Grove, Haverstock Hill, N.W.
Miss A. Smith, 9, Grittleton Road, Elgin Avenue, W.
Miss Smith, 3, Pakeman Street, Hornsey Road, Holloway, N.
Miss Symonds, 75, Tranmere Road, Earlsfield, S.W.
Miss R. Voysey, 8, Davis Road, Acton Vale, W.
E. C. Wicks, 139, Lupus Street, Pimlico, S.W.
Miss Wilson, 35, Octavia Street, Battersea, S.W.
Whare Kiaora, 2, Alexandra Villas, Alexandra Park Road, Wood Green.

LADIES' OWN MATERIALS MADE UP—

Mrs. Brown, 2, West Marland Terrace, Southampton, Hants.
Miss Clasper, 14, Broughton Road, South Shields.
Mrs. Craven, 175, Grove Lane, Handsworth, Birmingham.
Miss Gook, 21, Hollywood Road, Fulham Road, South Kensington.
Mrs. Hemmings, 80, Leithwaite Road, Clapham Junction, S.W.
Mrs. L. Hughes, 46, Offley Road, Brixton.
Mdlle. Jeanne, 77, Claverton Street, London, S.W.
Madeleine, 30, Robert Street, Hampstead Road, N.W.
Nichols and Campbell, 27, Raveley Street, Kentish Town, N.W.
Ethel Eugenie, 12, Blomfield Road, Shepherd's Bush, W.
The Parisian Renovating Dress Co., 77, Claverton Street, S.W.
Miss René, 3, Cowley Road, Leytonstone, N.E.
Misses Ramage, 97, Lavender Hill, S.W.
Madame Roebuck, 98a, Holland Park Avenue, Holland Park, W.
Madame Roland, 5, Little Sussex Place, Gloucester Square, N.
Miss K. Rowley, 2, Alexandra Villas, Alexdranda Pk-rd, Wood Green, N.
Miss E. Scott, Kelvedon, 39, High Street, Highgate.
Mrs. Sorrell, 140, Inderwick Road, Hornsey, N.
Miss Amy Sutch, 4, New Quebec Street, Portman Square.
Mrs. and Miss P. Tapp, 16, Willcott Road, Acton.
Miss Tidey, 66, Englefield Road, Southgate Road, London, N.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Miss C. Wild, 6, Frederick Crescent, North Brixton, S.W.
Miss Willson, 42, Seymour Place, Fulham Road, South Kensington, S.W.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.
F. E. Young, 48, Earlsfield Road, Wandsworth Common, S.W.
Miss Young (from Russell & Allen), The Laurels, Bletchingley, Redhill.

LADIES' AND CHILDREN'S MILLINERY—

Miss M. Craven, 175, Grove Lane, Handsworth, Birmingham.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
The Misses Hallowes, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Miss Moorhouse, 70, Birch Lane, Longsight, Manchester.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Miss Beatall, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

SHOPPING BY POST.

SUMMER MATERIALS AT MESSRS. NICHOLSON'S, ST. PAUL'S CHURCHYARD, E.C.

No one need lack a choice of dainty summer blouses if they will send to Messrs. Nicholson's (St. Paul's Churchyard, E.C.) for patterns of their lovely delainettes. In all the beautiful colourings and designs of the best mousseline-de-laine, these delainettes, 35 inches wide, are only 6¾d. the yard. They are simply charming, in pale and dark shades of endless variety. The superior delainettes, of lovely design, which are much lighter in texture, cost 8¾d., 29 inches wide. Messrs. Nicholson also have a fine choice of the new all-wool mousseline-de-laine (from 1s. 0½d., 30 inches wide). At 1s. 3¾d. (31 inches) there are some most enticing designs and colourings, and there is a charming figured all-wool crêpe delaine at the same price (1s. 3¾d., 29 inches) which is particularly effective. Really charming are the woollen mousseline-de-laines striped with silk of the ground shade (only 1s. 11¾d., 31 inches wide).

Another series of materials at Messrs. Nicholson's which must take any woman's fancy captive are the delightful mercerised lawns. These are as fine as muslins, and in a variety of floral and scroll designs, some with additional stripes sheeny as silk. The price is astonishing—from 3¾d., 27 inches wide. One at 4¾d. (25 inches) has small rosebuds in various colours on a white ground with mercerised white stripes—really charming. There are spotted effects, chiné effects, lovely chequered lawns in the newest colourings, &c. A charming chequered lawn—just the thing for the Free Pattern skirt and blouse (see page 20) is only 6¾d. the yard, 27 inches wide. Some of the mercerised lawns—beauties—are *double width* (a great convenience), only 9¾d., 46 inches wide. These really ought to be seen at once. A silky plain fabric is the "Satin Finish" Mercerised Venetian, in the daintiest colours, which look like a nice satin Merveilleux, and cost only 9¾d. (28 inches wide). The cotton voiles are beautiful, and in immense variety. Messrs. Nicholson have made a feature of these lovely washing fabrics (which are printed, embroidered, striped, chequered, &c.) from 8¾d., 30 inches wide.

In asking for the patterns of their novelties in washing materials, ladies should also ask for samples of Messrs. Nicholson's very handsome tweeds and suitings. There is a splendid grey tweed chequered with pale colours—with green, blue, &c., only 1s. 6¾d. the yard, 42 inches wide. The chequering effects in the tweeds this year are very smart, and Messrs. Nicholson has them in all varieties. The Scotch tweeds with "plaited" effects are handsome (only 1s. 11¾d., 44 inches). The new fancy woollen and silk-and-wool crêpes, æoliennes, &c., are particularly attractive.

THE NEW VIYELLAS.

The new Viyellas are so very pretty this year. The striped effects are specially smart, and there are some attractive chequered examples which will make charming summer frocks in the style of No. 6,079. The plain Viyellas of dark shade are very handsome. There is a deep navy blue which would make admirable dresses, looking like serge, but being as easily washed as a print gown. The dark red Viyellas could be used in the same way, also the grey, which looks like a handsome tweed. The great thing in Viyella is its protective lightness, its delicacy of colouring, design,

No. 6079. A Foulard Summer Gown.
For Description see Pages 30 to 34.
Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

and texture, and its *washableness*—it is fast colour (even the dainty Wedgwood blue), and is thoroughly shrunk. Viyella can be got at all good-class drapers. Patterns will be sent on application by Messrs. Nicholson, St. Paul's Churchyard, E.C.

DECORATIVE FABRICS FOR THE HOUSE.

Whoever is on the look out for pretty muslins, laces, cretonnes, chintzes, &c., for their summer curtains should send off at once for their illustrated catalogue to Messrs. Gorringe and Co., 59A Department, Queen's Walk, Nottingham. The excellently illustrated catalogue is a very exhaustive one. Here are illustrated a capital selection of towels, most moderate in price, a variety of plain, hemstitched, frilled, or embroidered pillow cases, from which it is the easiest thing possible to order by post. The embroidered and lace-decked blinds are excellently illustrated, and there is a variety of laces illustrated with which ladies may trim their own blinds. All is as clear as possible, and the catalogue therefore is of the utmost service to our many readers who live in lonely country houses and vicarages far from any shopping centre, to whom shopping by post is an absolute necessity. Messrs. Gorringe have some very dainty tea, tray, and side-board cloths at most moderate prices.

The brides of this spring should get patterns of Messrs. Gorringe's plushette and tapestry curtains, of which there is as much variety as in the cretonnes, chintzes, and lace. The Madras muslin curtains, frilled up each side, are excellent, so durable, fresh, and pretty. A pair of lovely Brussels net curtains can be had for 16s. 9d., with appliqué embroidery. Illustrated price lists will be sent on application.

SUMMER MATERIALS AT LUTAS LEATHLEY'S.

The recent summer-like days have filled our minds with the question of new summer frocks, &c. Every woman knows what a heavy toll of time is exacted by what may be termed "satisfactory shopping." I mean the judicious buying of fashionable and useful dresses, materials, and the hundred and one other items necessary to quite a modest wardrobe. This being so, it is not astonishing that so many women who lack either the time, inclination, or, greatest of all requisites, a full purse (essential to good buying), avail themselves of opportunities of shopping by post direct from the warehouse, from such an establishment as Messrs. Lutas Leathley and Co.'s, Summer Department 40, Armley, Leeds. Shopping by post offers many advantages to all classes of buyers. To have at home a box containing hundreds of patterns of, say, summer dress fabrics, which one can discuss and compare at leisure, in all lights, must appeal to everyone as a great advance on the old method of choosing offhand in a shop, with many consequent disappointments. Such an establishment as Lutas Leathley's has, by reason of its immense output, almost unlimited possibilities of securing the choicest fabrics at lowest rates, and thus enables one to effect a double saving upon what one buys.

Messrs. Lutas Leathley have materials to suit everybody. What better for a dainty blouse than pure white Japanese silk? Messrs. Leathley's Jap. silks at 11½d., 1s. 2d., 1s. 5d., and 1s. 8d. the yard are alone worth

"I think Myra' better than ever."—J. D.

writing for. Even black looks tempting in these summer silks and Oriental satins, and there is a particularly good reversible black silk at 3s. 11d. Excellent English Tarmalin silks in many charming colours are 1s. 5d. per yard; fancy tussores (exceedingly smart) at 1s. 11d. Exquisite mousseline-de-laines, in lovely patterns, cost 2s., and there are some delightful all-wool ones at 1s. 1d. Pretty grass lawns cost 7d., and cotton voiles (so useful for inexpensive, bewitching blouses) are as low as 11½d. Cotton brochés and muslins commence at 3½d.

Excellent tailor gowns could be made of the check cheviots at 1s. 7d. The check Jacketings (2s. 8d.) and the Arnsdale tweeds for children at 1s. 0½d. are materials which ought to be seen. No woman or girl should be without a linen skirt or costume; Messrs. Lutas Leathley have linens at 8d. to 11d. per yard. The indispensable tennis flannels, charming designs, cost 1s. 11d. In mentioning flannels, a word must be said for the many fascinating shades in which good serviceable flannelette is offered at 6½d. per yard. To see these attractive fabrics ladies should write for the summer box of dress samples, addressing their application to the "Summer Department 40," Armley, Leeds. Messrs. Lutas Leathley will also send their catalogue of seasonable underwear, smart blouses, tailor gowns, &c.

HOW TO CLEAN CARPETS AT HOME.

The Chiswick Soap Co., London, W., have lately launched their Carpet Soap Outfit, which all busy and economical housewives should try. It is a box (1s. 6d.) containing a large shilling tin of their special Carpet Soap, a special scrubbing brush, a swab, and a cloth. With this apparatus all stains of ink, grease, and dirt can be removed from the dining-room or nursery carpet with the same ease as scrubbing the bare boards in the kitchen. The dingy colours come up, the carpet looks fresh and revived after the operation, and there is no trouble or expense of taking it up. Everybody ought to give the Carpet Soap of the Chiswick Soap Co. a trial. It can be ordered through any grocers and stores, in tins at 6d. and 1s.

WASHING MATERIALS AT MR. CHRISTOPHER WILLIAMSON'S.

The vogue of mercerised washing materials is very pronounced. A large number of the prettiest summer dresses are of plain mercerised lawns, and of these Mr. Christopher Williamson (Fabric Department, 91, Edgware Road, W.) has a capital choice. His double-width mercerised lawns at 6¾d. and 9¾d. the yard are in wonderfully pretty shades. Charming printed lawns are to be had at 5¾d. and 6¾d., and there is a range of very smart chequered cotton voiles (27 inches) at 6¾d. The mercerised lawns for blouses look just like silk (8¾d.). The écru muslins with coloured embroidered effects are only 6¾d., and they are very smart (26 inches wide). A lovely mercerised fabric is Tussora—a sort of tussore in texture—in écru, white and delicate colours (7¾d.). Mr. Christopher Williamson has a wide range of white cottons, with brocaded and lace effects, which will be in demand, as the pure white dress is to be a feature of the summer styles. It is not only in diaphanous washing materials that Mr. Williamson has such a fine stock; he has linens, hollands, and unions of all kinds, colours, prices; Hair cord ginghams (in substantial colourings), smart dress "Oxfords" (6¾d.), and some very charming zephyrs (from 4¾d.). Radium zephyr (6¾d., 27 inches wide) is a very light material, almost a muslin, in attractive cheques—a very smart fabric for blouses or dresses. The Orient crêpe cottons are remarkably pretty in texture and in colourings (only 4¾d., 26 inches). Before deciding on our washing frocks and blouses patterns of these pretty fabrics ought to be sent for.

No. 6080.—Pretty Gown of Printed Cotton.
For Description see Pages 30 to 34.
Price of Paper Pattern 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

"THE CLAIMS OF CHEESE AS AN ARTICLE OF DIET."

"The Claims of Cheese as an Article of Diet" is one of the many protests of late years put forth against the so-called indigestibility of cheese. Certainly there are cheeses and cheeses. A good cream cheese will upset no one; hard cheese like Gruyère clogs all but the best digestive apparatus. But in his pamphlet, "The Claims of Cheese as an Article of Diet," Dr. Francis T. Bond certainly makes out a good case for cheese as suitable both for the robust and ailing, and *especially for the aged*. Most people admit that the nutritive value of cheese is far higher than that of meat, and that it contains more hypocarbonaceous and saline qualities. Dr. Francis denies that cheese is indigestible, and puts down the bad reputation it has in this respect to the insufficient mastication too often bestowed on cheese because it is *soft*—compared with meat, crust of bread, &c. A valuable part of Dr. Bond's treatise is his really sound advice to the producers, sellers, and consumers alike of cheese, which they would do well to lay to heart. The pamphlet (3d., by post 3½d.) is published by the Sanitary and Economic Association, Limited, 21, George Street, Gloucester. Dr. Bond is the Medical Officer of Health to the Gloucestershire Combined District.

SALE OF SILKS AND SUMMER MATERIALS AT THE HOLBORN SILK MARKET.

A splendid collection of silks of all degrees of weight, width, shade, and design is to be seen at the Holborn Silk Market, Holborn Bars, E.C. There are beautiful foulards of all designs and colours, many astonishingly cheap, for blouses and summer gowns. For princess dresses their double-width taffetas and cashmere-back Oriental satins make up beautifully, in such soft and delicate shades. There is an endless variety of blouse materials, in plain and washing silks, light woollen fabrics, &c. There is an admirable range of silk voiles in beautiful shades. The all-wool striped mousseline-de-laines are very smart and fresh (1s. 3½d., 29 inches wide). The satin-striped figured delaines are charming (1s. 11½d.). Cashmeres—a fabric greatly in demand this summer—are particularly good at the low price of 2s. 3½d., good in texture, surface, and colours. For long coats I specially note the smart white, blanket cloth—the "Motor" cloth—all wool, thick and fleecy like a blanket, but very light, 5s. 6d. the yard. There are capital jacket tweeds of the new type at 4s. 11½d., 56 inches wide. Women who love soft, dainty fabrics for gowns will delight in the plain all-wool mousseline-de-laine in such beautiful shades (1s. 4¾d., 42 inches wide). As a lining for tailor coats, those who do not care to run to the expense of silk should see the "Chiffon Finish" Italian cloths at 1s. 6½d., 54 inches wide. In the loveliest "pastel" shades for smart tailor coats and skirts the all-wool Duchesse Sedan cloths are to be recommended, 50 inches wide, only 2s. 11½d. A large box of patterns will be sent by return on receipt of a postcard.

A RHUBARB CUSTARD.

Have 1 quart of rhubarb, ¼ pint of water, 3oz butter, ½lb castor sugar, and the yolks of four eggs ready. Boil the rhubarb until it is quite soft, add the sugar and butter, stirring all together. Then add the yolks of eggs, and stir till the mixture thickens, but do not let it boil or it will curdle. It is best to do all the mixing and stirring, after the rhubarb is soft, in a jug placed in a pan of water.

"Have used your Fichu Pattern this week, and find it A1."—J. D.

The Handbooks are published at ONE PENNY EACH (1½d. post free).

They are also sold in assorted packets of fifteen, at 1s. 6d., post free.

An Important Series of HANDBOOKS, plentifully illustrated, dealing with all kinds of PLAIN AND FANCY NEEDLEWORK, for Amateur or Professional workers.

No. 1, SEQUIN AND JEWEL EMBROIDERY.—This handsome handbook contains over 20 Illustrations and full descriptions for making this new and beautiful style of Art Needlework. The most expensive Sequin trimming can be made at very small cost.

No. 2, WOOL CROCHET WORK (Part I.).—Contains 45 Illustrations. Full descriptions for making more than 20 useful articles for Ladies', Children's, and Gentlemen's wear. The descriptions are carefully prepared, and are thoroughly reliable.

No. 3, DRAWN WORK (Part I.).—23 Examples of this pretty and effective needlework, with full descriptions for beginners. This work is executed on Linen, Art Linen, and Canvas.

No. 4, PLAIN NEEDLEWORK.—48 Illustrations. How to use a Needle, Stitches, Seams, Patching, Bands, Run and Fell Seams, Gussets, Tucks, Gatherings, Button Hole Hemming, &c.

No. 5, SMOCKING (Part I.).—Contains 28 Illustrations of this very pretty and useful form of needlework, which is invaluable in working children's clothes, ladies' blouses, shirts, &c., in various silks and cottons.

No. 6, COTTON KNITTING.—29 Illustrations. How to knit Shamrock, Palm Leaf, Cockle Shell, Seed Point and Diamond, Maltese, Cingalese, and Heart Lace, Greek Insertion, Pomegranate Border, &c. Also complete designs for Lace Collars, D'Oyleys, &c.

No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 59 Illustrations.

No. 8, STOCKING KNITTING (Part I.).—22 Illustrations. Is an exceedingly practical and instructive pamphlet showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

No. 9, MACRAME LACE.—Contains 27 Illustrations of this most ancient of crafts. Many novel and pleasing designs are given, and the working is carefully described and clearly illustrated.

No. 10, COTTON CROCHET.—An excellent guide to the making of Lace D'Oyleys, Borders, Edgings, and Greek Insertion. 21 Illustrated Designs.

No. 12, CANVAS WORK.—Illustrated by 32 engravings. Contains many beautiful designs that can be applied to a variety of purposes.

No. 13, STOCKING KNITTING (Part II.).—Deals exhaustively with gentlemen's cycling stockings with ornamental tops, ladies' decorated stockings, clox, openwork fronts, &c. 12 Illustrations.

No. 14, SIMPLE EMBROIDERIES.—Contains 29 Illustrations of simple but effective embroideries worked on such ordinary and easily-obtained materials as cretonne, huckaback, glass cloth, &c.

No. 15, WOOL CROCHET WORK (Part II.).—14 Illustrations. Very pretty designs for working Shawls, Sofa Rugs, Ladies' Vests, Tam-o'-Shanters, Infants' Jackets and Shoes.

No. 16, FILET GUIPURE LACE.—Contains some very beautiful designs. The working is simply described, and the merest novice could not fail to understand the very careful designs and sketches (27 in number) which accompany the letterpress.

No. 17, CROCHET LACE.—20 Illustrations of Link Pattern, Maltese, Diamond, Fan and Braid Lace. The descriptions are carefully written, and some very handsome designs are given.

No. 18, LACE BRAID WORK.—Illustrated by 32 engravings. Describes the working of Picotina, Honiton Lace, Pompadour, and other Embroideries suitable for Tea and Sideboard Cloths, Duchesse Table Covers, Sachets.

No. 19, WOOL KNITTING.—How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

No. 20, RIBBON and OTHER EMBROIDERIES.—Contains a variety of designs for Tea-cloths, Table Centres, Tea Cosies, Nightdress Cosies, Cushion Covers, &c. 27 Illustrations.

No. 21, SMOCKING (Part II.).—Illustrated by 29 engravings. Contains some very pretty, effective, and useful designs for all classes of material.

No. 22, DRESSMAKING (Part I.—The Bodice).—Treats of the Choice of Materials, Self-Measurement: Cutting, Fitting, Pressing and Boning Bodices. Illustrated by nearly 30 diagrams.

No. 23, EMBROIDERY STITCHES.—This handbook tells the worker what materials will look best, and what stitches are most suitable. It contains 103 illustrations, which are so clear that the merest tyro cannot fail to understand them.

No. 24, DRAWN WORK (Part II.).—Contains 40 Illustrations of Faggot Stitch, Herring Bone, Clusters, Fringes, Wheels, Point de Reprise, &c., &c.

No. 25, STOCKING KNITTING (Part III.).—Contains many pretty fancy Stockings and Socks for Ladies and Children; also Socks for our Soldiers, and for charitable purposes.

No. 26, WOOLLEN COMFORTS FOR SOLDIERS AND SAILORS (well shaped, quickly made); Balaklava Helmets, Cholera Belts, Tam-o'-Shanters, Socks, Guernseys, Cardigan Jackets, &c.

No. 27, WOOL CROCHET WORK (Part III.).—A very interesting number for home use. It contains illustrated directions for making Doll's Petticoats, Combinations, Drawers, Stockings, Cape, Hat, Shoes and Outdoor Costume, Petticoat for a Girl, Ladies' Slippers, Knickers, Shawls, Knee Cap, Gentleman's Waistcoat, &c., &c. 13 illustrations.

No. 28, SMOCKING (Part III.).—Contains an entirely new set of designs for the Ornamentation of Dresses, Blouses, and Children's Frocks, Pinafores, and Cloaks. Is illustrated by 30 engravings.

No. 29, KNITTED WOOLLEN GARMENTS FOR INFANTS This work is entirely devoted to Children's Knitted Woollen Clothing. Every design has been carefully worked out from the actual garments, and is fully described and illustrated. The contents comprise Infant's Vest, Jacket, Hood, Boots, Vest with Sleeve, and Overall. 13 illustrations.

Of all Newsagents and Bookstalls.

BEETON and Co., Ltd., 10 and 11, Fetter Lane, E.C.

Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DAIMLER.—(1) You should wear the flat motoring cap, over which it is possible to tie a lace or gauze scarf. A fancy hat is quite wrong for motoring. It catches the dust, looks the wrong thing, and will not keep on the head. (2) You must provide yourself with a long dust cloak, it should have sleeves closed at the wrist and a collar which you can turn up to keep dust off the neck and back hair, and to keep off the wind. (3) The lower part of the body is of less importance, though you should dress warmly, as there are always fur-lined voluminous rugs provided.

TSARINA.—(1) You will find a very nice lace blouse at No. 6070. It would look well in Irish crochet, with yoke made up of Valenciennes frills, or alternate insertion and frills. You can have a lower sleeve to match. (2) You will find the Court gown on page 9. Several correspondents have asked for it, as the February number (in which it appeared) is entirely out of print. The putting off of the February Courts, of course, made it awkward for those who had ordered dresses, but the postponement was early announced, and the dresses made for February are quite feasible for May, as Court gowns are always made in the *very* newest styles and materials, much ahead of the general modes of the day.

M. D. C.—(1) Send to Messrs. Nicholson, St. Paul's Churchyard, E.C., for the mercerised cottons. They have some very pretty small plaids, just the thing for the free pattern skirt and bodice (see page 20). (2) Use the Princess dress as a slip for a net Empire gown. You could copy No. 6058, replacing the painted effects and edging tags with appliqués of coarse lace matching the Empire bodice. (3) Send a pattern of the exact shape you require to Mrs. M. Murray, 1, Annadale Terrace, Philipsbury Avenue, Fairview, Dublin. She will work the collar for you in Irish crochet, in silk, cotton, &c., accordiing to your instructions. A collar of that large size will cost you about 25s., but you had better write to her for details. (4) A lovely corselet skirt is shown at No. 6055, which is just the thing for your crêpe de chine. The blouse to go with it could be of silk muslin of the same shade with lace applications. You could have a lace blouse mounted on a slip of the crêpe de chine colour. For the crêpe de chine send to Best's Dress Goods Company, Bradford. If you mention "Myra's Journal" they will pay carriage of patterns both ways.

TOTO.—(1) The "Viyella" Company are making up their own charming fabrics into capital shirt blouses, which can be had, in several sizes, at all the good drapers. There is a special make with American yoke, which you should have for morning purposes. Such morning shirts of Viyella should be a contrast to the lace-decked and embroidered blouses for dining wear. (2) For soft materials, double width crêpe de chines are holding chief place. Silk-and-wool Æolienne come an easy second. For both send to Best's Dress Goods Co., Bradford. In silks the double width taffetas and cashmere-back satins are the most fashionable. Both of them, of excellent quality, are to be had in the new spring shades at the Holborn Silk Market, Holborn Bars, E.C. (3) The Directoire coat will be very handsome in grey face cloth with the silver lace, but is it not a little old for so youthful a bride? Directoire coats are still very fashionable, and are to be seen in great numbers. Dinner coats are for those whose years or style seem to forbid the prevalent Empire and Princess styles. (4) Copy the corselet skirt No. 6055. For a complete dress you can wear the blouse of the skirt satin, with long wing sleeves—a lovely tea-gown. (5) Get your fancy blouses at Messrs. Samuel Lewis's, the Holborn Silk Market, Holborn Bars, E.C. Some charming inexpensive models are sketched on page 23.

DANICHEFF.—(1) Some charming styles for washing dresses will be found on pages 24 and 25. For the mercerised cottons and embroidered lawns you cannot do better than write off at once to Messrs. Nicholson's, St. Paul's Churchyard, E.C. Ask also to see their new cream and pale-hued tweeds, which are just what you require. For the creamy tweed chequered in black (I have seen just what you want at Messrs. Nicholson's), copy the pretty style No. 6078. (2) A pretty floral toque is shown at No. 6047, with dome chip crown. From your sketch I think you could get your blue chip to look very much like this. Small white flowers—like white hawthorn blossom—would go well with the blue. You can omit the green leaves on the crown, as the blue of the straw is so distinct a shade.

GRACIE.—(1) Of course you can use the satin gown of your sister. As she is so very much taller than you are, you could use the two-piece umbrella skirt for an Empire dress (see the skirt of the model 6057). The bodice will not be of much use to you made as it is, but have an Empire bodice of lace (like that of No. 6058), and use the satin sleeves of the dress. This will evolve a charming gown. For a little wee figure like you, the Empire styles give length, especially if the figure is slight like yours. (2) Your Princess dress of plush certainly sounds feasible still. Cut the neck low, and have a deep lace berthe—that will hide the rather old-fashioned cut of the side seams at the back. You will want new sleeves. For that greeny gold hue the best thing would be a soft brocade of green with gold flowers, or green on gold. You could pick up a remnant of brocade cheap at the Holborn Silk Market, Holborn Bars, E.C. (3) A beautiful bridal gown in Empire style was illustrated in the March number.

BRIDE. — Fine Indian longcloth is the best material for summer underwear for those who think mull and nainsook too thin. Mr. Christopher Williamson, Maddapollum Department, 91, Edgware Road, W., has beauties at all prices. For 2s. 0½d. you could get an excellent one, very fine and soft, 36in. wide.

BARNABY.—The price is a very low one, but you can get splendid serges and cloths at that price from Lutas Leathley, Summer Department, 40, Armley, Leeds. Ask to see patterns of their pretty mousseline de laine for blouses, &c. You can get them in charming colourings and varied designs.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(Concluded from page 38.)

DOLL DRESSING, EMBROIDERY, &c. (S. F.).—I will do all I can for you, but I wish you could tell me that you could undertake some more practical form of work. There is a great opening for really good blouse and shirt makers.

LETTER FORWARDED (Miss G.)—I sent on your letter to No. 392 on my register. I should be glad to know if you employed her.

EXPERIENCED DRESSMAKER (A. F. S.).—Your reply, under the pseudonym, "Bauder Log," appeared in our April issue. I am putting your notice in. There is an opening for a good worker as you will see by the Register, but it is in London. Names and addresses are never published in these columns. I presume you have changed your mind about the librarian's post.

WORK WANTED (S. F. F.).—Yours is indeed a hard case. I hope things may improve with you. Do you know the Gentlewomen's Employment Club, 155, Victoria Street, S.W.; Hon. Manager, Miss Younghusband? They have a department for mending. Possibly they might be able to employ you. I am not sure that I advise you to buy the machine you mention, as I do not fancy that there is any guarantee of employment.

DRESSMAKER (A. S.).—Yes, I am putting you on my Register. It is always a pleasure to help a constant reader.

DRESSMAKING PARTNER (Miss B., Durham).—You send me a letter about a dressmaking partnership without any reference to the Register number. If you wish to communicate with anyone on the Register will you please enclose your reply in a blank stamped envelope with the register number on the left-hand top corner, when I will at once forward it to the proper address. Write again if you would like a notice put in for a partnership?

CENTRAL BUREAU FOR WOMEN'S EMPLOYMENT.—I am sorry to say the notice of the meeting reached me too late for insertion in the April issue.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
MAY, 1906.

DRESS AND HAIRDRESSING.
MAY, 1906.

HEALTH AND BEAUTY.
MAY, 1906.

ETIQUETTE.
MAY, 1906.

COOKERY & HOUSE. MANAGEMENT.
MAY, 1906.

"I always take your paper, and find the patterns so well cut that we can always rely on the dresses turning out a success."—M. C.

When the Roots are not Healthy and Strong, or when they are affected by Germs, **YOUR HAIR** Will Not—indeed, CANNOT—Grow.

THAT IS WHY NOTHING CAN BE ANY GOOD FOR

HAIR

WHICH IS

FALLING OUT and PREMATURELY GREY

EXCEPT

CAPSULOIDS

Mrs. L. BILLINGE.

Because the harmful germs which injure the hair can only be gotten at through the blood, and the only remedy which can reach them through the Blood is CAPSULOIDS. It is utterly useless to rub stuff on the scalp, because it cannot get down to the germs. Capsuloids contain nothing which can in any way injure the stomach or any other part of the body.

32, Gonville Road,
Thornton Heath, Surrey.

Gentlemen,—I think it only fair to you that I express my gratitude for your placing before the public the wonderful remedy "Capsuloids."

My hair was very weak and thin through ill-health, and came out in such quantities that I was getting alarmed. I commenced taking Capsuloids in September last, and continued until December. It was wonderful to see the difference in such a short period. My hair is now in splendid condition, both in thickness and length, and my friends remark on its bright and healthy appearance.

My health is also very good indeed. I shall always recommend Capsuloids.

Yours very gratefully,
(Mrs.) L. BILLINGE.

Bright Lea, Montpelier
Weston-super-Mare.

Dear Sir,—I wish to write you in praise of Capsuloids. When I was in India my hair fell out very badly owing to my having a lot of fever. I tried two outward applications, but they did no good.

Seeing your advertisement, I started taking Capsuloids, and in a very short time my hair was completely restored.

I recommend Capsuloids to all my friends.

Yours truly,
R. H. NICHOLLS.

Mr. R. H. NICHOLLS.

LOOK AT THIS PICTURE OF A GROWING HAIR GREATLY MAGNIFIED, and learn how your hair grows, why it becomes prematurely grey, why it does not grow well, and why it falls out. The whole hair is produced by the multiplication of those growing cells which lie at the bottom and form its roots. They rest upon the little blood vessels which carry the blood containing the red corpuscles, from which the cells draw all their nourishment. You can easily see from this picture that when the harmful germs settle in those growing cells and go on multiplying, they will injure the cells, which causes the hair to loosen and fall out or become prematurely grey. If those germs are not checked,

they will in time quite destroy the cells, and as the roots would then be dead nothing whatever could be done. You can only kill those germs by quickly making millions of new red blood corpuscles, and the only medicine which will make them rapidly enough is CAPSULOIDS. A look at this scientific picture will enable you to see that external treatment cannot possibly benefit the hair.

Take Two Capsuloids with each meal, three times daily.

Sold by Chemists everywhere at the reduced price of 2s. 3d. per box, or sent by the CAPSULOID CO., Ltd., 47, Holborn Viaduct, London, E.C.
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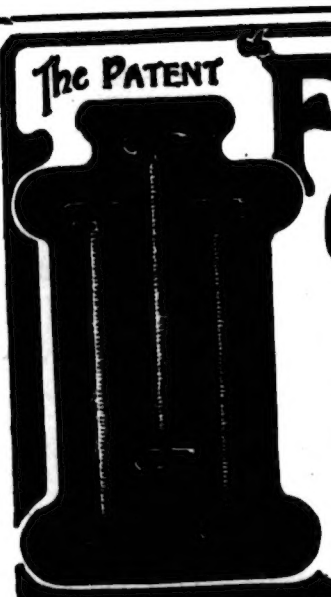

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